

Annual Report 2025



support
GIRONA

Social Inclusion and Supported Decision-Making

“We work to ensure that people can make decisions about their own lives, exercise their rights, and live independently in the community.”

Foundations Register 1817
Register of the Department of Labour, Social Affairs and Families of the Government of Catalonia S05710.
Register of Interest Groups of the Catalan Government and Public Sector. Indicator number 315.
Municipal Register of Organisations (Girona City Council) EH3234.
Catalan Volunteering Organisations Register 001907-000.
Register of organisations promoting the Catalan language, Government of Catalonia.



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FOREWORD

“Healthcare and guardianship needed to be kept separate.”

2003

2025

Support-Girona was founded on 11 April 2003 as the Fundació Tutelar de les Comarques Gironines (Guardianship Foundation of the Girona Region). It was established with the support of the Institut d'Assistència Sanitària (IAS), the public provider of mental health and addiction services in the Girona region. It was created to separate healthcare services from guardianship responsibilities for people living in the former psychiatric hospital in Salt.

Support-Girona came into being thanks to the commitment of four organisations that took up the challenge put forward by the IAS: the Associació Geriòn (now dissolved), which focused on guardianship of the elderly through a volunteer-based structure; the Associació Família i Salut Mental de Girona i Comarques, dedicated to supporting the families of people with mental health conditions; the Drissa Foundation, focused on employment inclusion and residential support for people with mental health conditions; and the Fundació Malalts Mentals de Catalunya, dedicated to the guardianship of people with mental illness.

The latter organisation contributed its expertise to the early stages of Support-Girona, although it has not been part of the Board of Trustees since March 2013. Since it was created, Support-Girona has also taken on the guardianship duties previously held by La Fageda Foundation in the Garrotxa region, Fundació Tutelar del Gironès and Fundació Tutelar Fadesia; it has since merged with all three.

MISSION, VISION, AND VALUES

MISSION

Support-Girona is an organisation that provides comprehensive, individualised support to people with disabilities with whom it has a legal relationship, **promoting inclusion in society and the full enjoyment of human rights.**

Its mission is to accompany adults with psychosocial, intellectual, or age-related cognitive disabilities in order to contribute to their inclusion and the full exercise of their rights.

Drawing on the **principles of the United Nations Convention on the Rights of Persons with Disabilities and aligned with the Sustainable Development Goals of the UN's 2030 Agenda**, the organisation works in a personalised way in partnership with organisations, professionals, and the people in each person's immediate environment — placing the person at the centre — to provide the support they may need when making decisions about their lives. It provides support through mechanisms established by court order, notarial deed, or voluntary self-appointment, always guided by respect for the individual and a commitment to supported decision-making.

VISION

Support-Girona aims to:

- Remain available to support any person with a disability who needs it, with the aim of transforming the model of care whilst respecting their autonomy.
- Help generate debate around the social policies that affect them, seeking models, alternatives, and resources worldwide that increase the autonomy and quality of life of people with disabilities.
- Expand professional knowledge by building strategic alliances and strengthening collaborative networks.
- Contribute to the achievement of the UN's Sustainable Development Goals by structuring its activities and projects so as to generate measurable social and environmental impact.

VALUES

To carry out our work and maintain our commitment to society, Support-Girona:

- Upholds its commitment to the social model of disability and to cross-sector, networked working, that is person-centred and person-oriented- It strives to be a close, proactive, persistent, persuasive, personalised and flexible service.
- Is person-led, takes a gender-sensitive approach, and is committed to community inclusion, confidentiality, and transparency.

SERVICES

Support-Girona seeks to provide support and safeguards to prevent abuse, in accordance with **Human Rights** principles, endeavouring to respect as fully as possible the will and preferences of the people it supports, through social work strategies and intensive accompaniment.

- **Legal and social support**, with accompaniment throughout social inclusion processes for people with disabilities (psychosocial, intellectual, cognitive decline, and so on), whether designated by a court or by the person themselves through assistance or power of attorney.
- **Legal action** before courts and tribunals of any jurisdiction, in defence of the human rights of those supported by the organisation.
- **An advisory service for organisations, professionals, and individuals, and the so-called “Future Support Planning Service”**, which aims to anticipate future support needs — whether for the person themselves or for family members with a disability.
- **Promotion, protection and advancement of human rights.** Support-Girona assesses each person’s individual situation, advises family members, promotes improvements to quality of life, and fosters effective and full participation and inclusion in the community.
- **Promotion of the services and facilities** needed to achieve the organisation’s objectives. Raising public awareness and collaborating with public and private authorities, bodies, and organisations to improve support for people with disabilities.

Support-Girona’s organisational structure and working methods are subject to charity law, sectoral regulation as a publicly accountable social service, civil legislation, as well as the United Nations Convention on the Rights of Persons with Disabilities (CRPD).



FUNDING

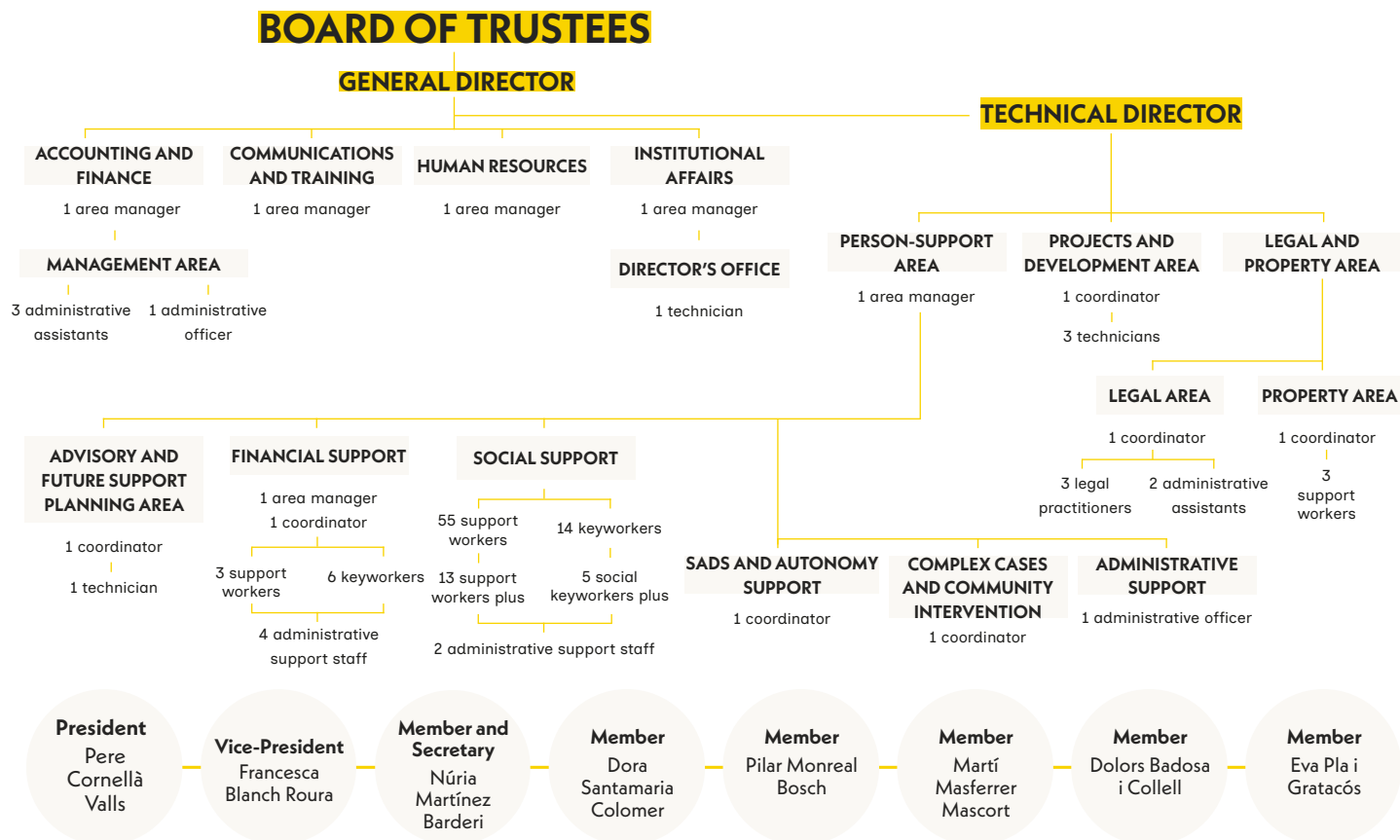
Support-Girona’s primary source of funding is the service contract with the Government of Catalonia, which applies to all non-profit organisations in Catalonia dedicated to supporting adults in their decision-making.

With the support of the “la Caixa” Banking Foundation, Dipsalut, the Department of Social Rights and the Catalan Housing Agency, Support-Girona has developed social and community inclusion projects for people with disabilities, providing guidance and advice on future planning. It has also spearheaded initiatives such as the “Ageing at Home” project and consolidated established programmes such as the Housing Commission.

The majority of private donations — which account for 0.30% of support received, or 0.0008% of total income — are generated primarily through legal and social advisory visits that Support-Girona offers to individuals interested in legal support and the rights of people with disabilities.

The advisory and future support planning services are costly given that three professionals are involved: the Foundation receives approximately 30% in public funding and covers the remaining cost itself. No fees are charged, as this could create a barrier to access in situations of social vulnerability. However, the organisation welcomes and is grateful for voluntary contributions in the form of donations to help fund these services.

LEGAL FRAMEWORK AND GOVERNANCE BODIES



Organisational chart as at 31 December 2025

TRANSPARENCY

The Foundation complies with the requirements of: Catalan Law 19/2014 of 29 December on transparency, access to public information and good governance; Law 4/2008 of 24 April on Book Three of the Catalan Civil Code (relating to legal persons), which regulates Catalan non-profit organisations and requires that they operate according to principles of sound management and transparency; and Catalan Law 21/2014 of 29 December on the Protectorate of Foundations and verification of the activities of associations declared

to be of public benefit, which defines transparency as “an essential public good that contributes to generating public trust in organisations and reflects their ethical commitment to being accountable to citizens and stakeholders”.

In accordance with this regulatory framework, Support-Girona maintains a transparency section on its website <https://supportgirona.cat/qui-som/transparencia>, where the relevant information is published.

WORKING PHILOSOPHY

In order to fulfil its objectives, Support-Girona draws on existing legal mechanisms as tools to support decision-making, with the aim of enabling people to enjoy the greatest possible degree of personal autonomy. These mechanisms should ultimately allow each individual to exercise their legal capacity fully and independently.

Support-Girona works from a **capacity-based paradigm**, encouraging the people it accompanies to direct the support they receive, whilst fostering their autonomy and inclusion in society.

The Foundation is based on the social model of disability, which encompasses people with long-term physical, psychosocial, intellectual, or sensory disabilities. This model holds that it is the interaction with various barriers — such as attitudes in one's environment and social, economic, and political conditions — that prevents the full and effective participation of these individuals in society on an equal basis with others.

Support-Girona champions **independent living** as an essential cornerstone of personal autonomy and freedom. In this spirit, it strives for people to exercise the greatest possible control over their own lives and make, either alone or with support, all the decisions that affect them: where and with whom they live, their daily routine, personal relationships, how they dress, what they eat, their personal hygiene, and healthcare. This also encompasses religious, cultural, and sexual aspects of life, which are closely bound up with the development of identity and personality.

Support-Girona promotes **community living** for people with disabilities. The community is understood as the full range of spaces in which social interaction takes place on equal terms with the wider population, with access to the services available within it — including housing, transport, and leisure and recreation, among others.



SUPPORTED DECISION-MAKING

“A system centred on supported decision-making”

Supported decision-making refers to practices, arrangements, relationships, and adjustments designed so that people with disabilities can make their own decisions about their life plans, including how those decisions are communicated and put into practice. Far too often, people with intellectual or psychosocial disabilities still find their right to legal capacity — and consequently their right to make decisions across different areas of their lives — partially or wholly restricted, owing to a lack of an appropriate environment or adequate support.

The mechanisms for supporting decision-making can take many forms: natural or professional support networks, support agreements, self-help groups, peer support, advance directives, and professional support services, which may vary in intensity and duration. These mechanisms provide support in specific areas of a person's life or more broadly, are structured flexibly, and are grounded in the individual's will and preferences, whilst respecting their legal capacity throughout.

Support-Girona has evolved towards a system centred on supporting legal capacity, accompaniment in decision-making, and the application of safeguards to guarantee the exercise of that capacity, as well as the promotion of autonomy and full inclusion in the community and society.

The organisation directs its practice towards recognising the person's right to be involved in decisions that affect them, and promotes:

- **support for the exercise of rights**, autonomy, and respect for the person's will and preferences;
- **integration and dissemination of the supported decision-making model** through awareness-raising activities aimed at society, and the services and the professionals involved, across both the social and health sectors and the public and private spheres (government bodies, financial institutions, businesses, and so on);
- **development and implementation of effective safeguards** to prevent undue influence and conflicts of interest, whilst ensuring that supported decision-making is upheld;
- **creation of cross-sector cooperation**, as well as the organisation of information and training sessions to foster the involvement and participation of key stakeholders (people with lived experience, families and professionals), in order to apply the principles of the Convention on the Rights of Persons with Disabilities (CRPD);
- **accompaniment for people** to help them identify the situations in which they need support and to provide that support in an appropriate and timely way.

2025 HIGHLIGHTS

Advocacy, Human Rights, and International Presence

International Forum: Dignified Lives — A Matter of Human Rights

As part of the Millennium celebrations of the Abbey of Montserrat, Support-Girona organised an international forum on 13 and 14 March 2025 entitled “Dignified Lives — A Matter of Human Rights”, a space for debate and advocacy that brought together international experts, social and health professionals, institutional representatives, and people with lived experience.

The forum focused on the need for structural change in the systems that support people with disabilities, drawing attention to the persistence of guardianship-based, coercive, and institutionalising practices despite legislative progress. The discussions made clear that to implement effectively the rights recognised under the UN Convention on the Rights of Persons with Disabilities requires **political will, sustained investment, and a profound transformation of care models.**

One of the most significant announcements made at the forum was the public commitment by the Directorate-General for Personal Autonomy and Disability to incorporate personal budgets into the Catalan Government’s social services portfolio. This was a longstanding demand of Support-Girona, aimed at guaranteeing personalised support and the right to decide how to live.



Keynote address: The Historical Evolution of Human Rights: from Violation to Recognition. Left to right: Josep Maria Solé, Director General of Support-Girona, and Facundo Chávez, human rights lawyer.

Speakers across the board agreed on the need to definitively abandon the substitution of individual will, to strengthen supported decision-making, to professionalise services, and to avoid processes of transinstitutionalisation that perpetuate restrictive dynamics in new guises.

The voices of people with lived experience played a central role in the forum, **highlighting the value of peer support, advance planning, and the building of solid community networks.** The institutional closing statement reaffirmed that legislation alone is not enough without genuine mechanisms for implementation and accountability, and positioned human dignity as the cornerstone of public policy. The forum thus cemented Support-Girona’s standing as a leading voice in the defence of rights and in the promotion of a support model based on self-determination and independent living.

Intervention at the United Nations

“The Quality and Equity of Support Services from a Human Rights Perspective”

Support-Girona took part in the **14th UN Forum on Business and Human Rights**, held at the United Nations headquarters in Geneva, invited by the Office of the High Commissioner for Human Rights. The organisation was the only European provider of support services to people with disabilities invited to speak at an official roundtable at the forum, in the context of the EQUIP international project, which focused on the quality and equity of support services from a human rights perspective.

During the session, Support-Girona shared its journey of institutional transformation: from its origins as a guardianship-based model to one aligned with Article 12 of the Convention on the Rights of Persons with Disabilities, grounded in supported decision-making and respect for the will and preferences of the individual. The intervention highlighted the pivotal role of public procurement and financing as levers for structural change, as well as the need to establish clear incentives to promote community-based, personalised services oriented towards independent living.

Participation in the forum consolidated Support-Girona's position as a European reference for the implementation of rights-based support models and reinforced its international profile. The organisation also used the occasion to forge alliances with institutional and professional stakeholders in the field of business and human rights, contributing to the global debate on transforming support systems towards more inclusive, accountable, and dignity-centred frameworks.

Participation in the Global Disability Summit 2025

Fundació Support-Girona participated in the third edition of the **Global Disability Summit**, held on 2 and 3 April in Berlin, as well as in the **Civil Society Forum** held in the run-up to the Summit, representing the European Association of Service Providers for Persons with Disabilities.

The Summit, co-organised by the International Disability Alliance, the German Government, and the Government of Jordan, brought together more than 4,500 participants from 100 countries and generated 800 commitments to advance the global inclusion of people with disabilities.

One of the key outcomes was the adoption of the **Amman-Berlin Declaration**, which sets the target that at least 15% of international development programmes should incorporate specific actions for people with disabilities (the “15% for 15” commitment). Support-Girona contributed both its own commitments and a pledge to disseminate the Summit's content through the working spaces and networks in which it participates.

In this context, the organisation reaffirmed its commitment to driving international cooperation projects beyond the European sphere; promoting the effective implementation of the CRPD; strengthening alliances to ensure recognition of legal capacity and prevent unlawful deprivation of liberty on grounds of disability; defending robust budgetary frameworks, particularly within the EU; and promoting flexible funding models and personal budgets that place the person at the centre.

Participation in Berlin provided the opportunity to consolidate strategic alliances and to bring the organisation's experience to bear on international debates about rights, funding, and deinstitutionalisation. Looking ahead to the next edition of the Summit, expected in 2028, Support-Girona reaffirmed its active commitment to championing the rights of people with disabilities on a global scale.

Support-Girona was recognised by EASPD as an example of best practice in supported decision-making

Support-Girona was recognised by the European Association of Service Providers for Persons with Disabilities (EASPD) as an example of best practice in supported decision-making. The recognition highlighted a well-established model centred on the self-determination and rights of people with disabilities.

The model is principally structured around two methodologies: Life Management, based on active listening and accompaniment in everyday decision-making; and Life Projects, through which enables medium- and long-term goals

are defined through an action plan agreed with the person.

This work is put into practice through the organisation's own tools and the role of life managers, who ensure ongoing follow-up tailored to the will and preferences of each individual.

With this European recognition, Support-Girona consolidates its position as a reference point for the transformation of support systems towards more personalised, rights-based models.

Social Innovation, Territory and Projects

The CIMER Project

Support-Girona launched the European CIMER project (Inclusive Communities in Mountain and Rural Environments) in Ripoll — a cross-border initiative developed jointly with seven organisations in the Pyrenees to promote social inclusion and independent living in rural and mountain settings.

The project, which will run until June 2027, got under way with the first of eight Living Labs — a co-creation space for professionals, public bodies, and people with support needs, designed to identify challenges specific to the area and develop responses tailored to local realities. The report on the Living Labs findings will be published during 2026.

CIMER encompasses seven strategic actions aimed at strengthening community support and ensuring that people with disabilities, dependency, or frailty can continue to live in their own environment.



These include: the creation of an Independent Living School; a pilot in technological innovation for housing; a mobile family support centre — a mobile outreach bus offering personalised advice to the most remote municipalities — the establishment of a territorial resource centre in Toulouse; and a social mentoring programme based on lived experience. The project will culminate in the formation of an association of mountain communities to ensure its long-term continuity and impact.

Co-funded by the European Regional Development Fund (ERDF) through the Interreg V-A Spain-France-Andorra Programme (POCTEFA 2021-2027), CIMER reinforces Support-Girona's position in the European arena and confirms its commitment to territory-rooted support models grounded in participation, innovation, and the right to live in the community on equal terms.

Apunt: Independent Living Support Hub in Girona



INDEPENDENT LIVING SUPPORT HUB

Apunt is a service launched in Girona to promote independent living, personal autonomy, and community participation for people with support needs, in line with the principles of the United Nations and the Convention on the Rights of Persons with Disabilities. The service aims to move beyond traditional care models and towards an approach centred on dignity, self-directed decision-making, and social inclusion.

The project is a joint initiative of several founding organisations, notably including Girona City Council, Fundació Support-Girona and the MIFAS Group. It also collaborates with local bodies such as the Gironès-Salt Social Welfare Consortium and Fundació Ramon Noguera, along with other support workers within the local accessibility, mental health, and third-sector network.

Apunt offers personalised information, guidance, and accompaniment in accessing social, health, legal, educational and community resources, including support for decision-making and the exercise of legal capacity. The service is aimed particularly at people aged 16 and over with a disability, older people with autonomy needs, or individuals in situations of social vulnerability, and helps to prevent institutionalisation, personal empowerment, and the reduction of social, digital, and cultural barriers.

Participation in a European Study on Inclusive Housing for People with Disabilities

Support-Girona took part in the European study “**Building Inclusive Housing: Perspectives from across Europe**”, led by the EASPD, which examined the situation of inclusive housing in Finland, Greece, Moldova, Slovakia, and Spain.

The report highlights the persistent difficulties in accessing adequate, accessible, and affordable housing, and underlines the need to align housing policies with disability policies in order to make the right to independent living and community inclusion a reality.

In the Spanish case, the study — in which Support-Girona and Som Fundació participated — points to the structural weakness of the social housing stock and the sustained increase in prices over the past decade, both factors hitting people with disabilities particularly hard. The report acknowledges Support-Girona’s work in supporting more than 800 people across different residential settings, as well as its model of social and legal support oriented towards promoting autonomy, self-directed decision-making, and the safeguards necessary to prevent abuse or neglect.

The study calls for greater public and European investment in accessible and affordable housing, a stronger role for social organisations, and better coordination between the housing and personal services sectors. In this context, it identifies examples such as Support-Girona’s as good practice for making progress in deinstitutionalisation and consolidating rights-based community models.

Support-Girona Successfully Completes the Triennial ISO Audit Cycle

In 2025, Support-Girona completed its three-year ISO audit cycle, satisfactorily meeting the requirements set out by the standard and consolidating its quality management system. The conclusions of the report indicate that the organisation has established and maintained its management system with no non-conformities, highlighting the work of all process managers in pursuit of continuous improvement.

Alliances, Knowledge, and Transfer

Visit to the Flemish Agency VAPH

Support-Girona arranged a working visit to Brussels to deepen its understanding of the personal budget model deployed in Flanders by the public agency VAPH. The visit provided a first-hand insight into a system that focuses on the individual and guarantees them control over the support they need to organise their own lives.

The Catalan delegation included institutional representatives from the Government of Catalonia and the municipal sphere, as well as the management and technical team of Support-Girona, in a shared commitment to advancing towards more flexible, autonomy-oriented models.

The working sessions included examining the management mechanisms, sustainability challenges and future direction of the Flemish system between now and 2040. The delegation also visited the service provider Hubbie, which offers personalised support in housing, employment, learning and leisure, and which exemplified a person-centred methodology rooted in the community.

The institutional agenda was rounded off with meetings with the EASPD and the European Network on Independent Living to address including personal assistance within personal budgets and to analyse its implications in the Catalan context.

The visit reinforced Support-Girona's positioning at European level and consolidated its commitment to a personalised, rights-based support model oriented towards guaranteeing the autonomy and quality of life of each person.

Conference on Dignified Death



On 30 October, Support-Girona organised the conference “The Right to Die with Dignity: Perspectives and Experiences”, an open public forum for reflection on end-of-life care and the application of the Euthanasia Act. The gathering brought together healthcare professionals, bioethics experts and family members to address, from a plural perspective, the progress made and the challenges that remain in implementing the legislation.

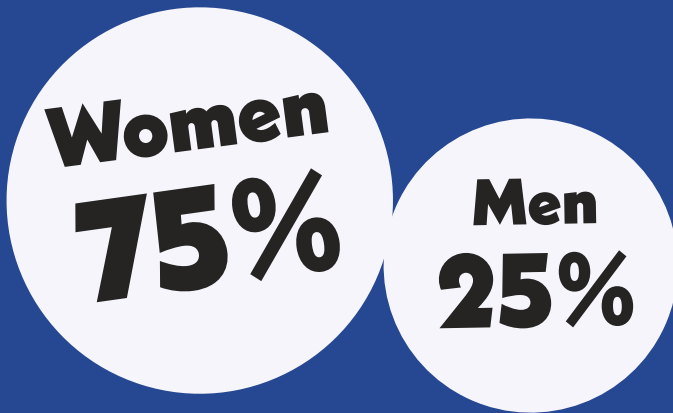
The debate revealed that, despite a humanist approach, there are still difficulties with bureaucracy, processing times and the training of care teams.

Healthcare professionals highlighted that comprehensive accompaniment — before, during and after the process — demands technical competence, active listening, and adequate spaces to ensure the dignity of the individual and support for families.

The conference, held as part of the World Mental Health Day campaign in Girona and its surrounding counties, underscored the need to simplify procedures, intensify social awareness-raising efforts and consolidate specific training both in higher education and in professional practice. The event closed with the screening of a testimony from a person accompanied by Support-Girona in their right to die with dignity.

OUR TEAM

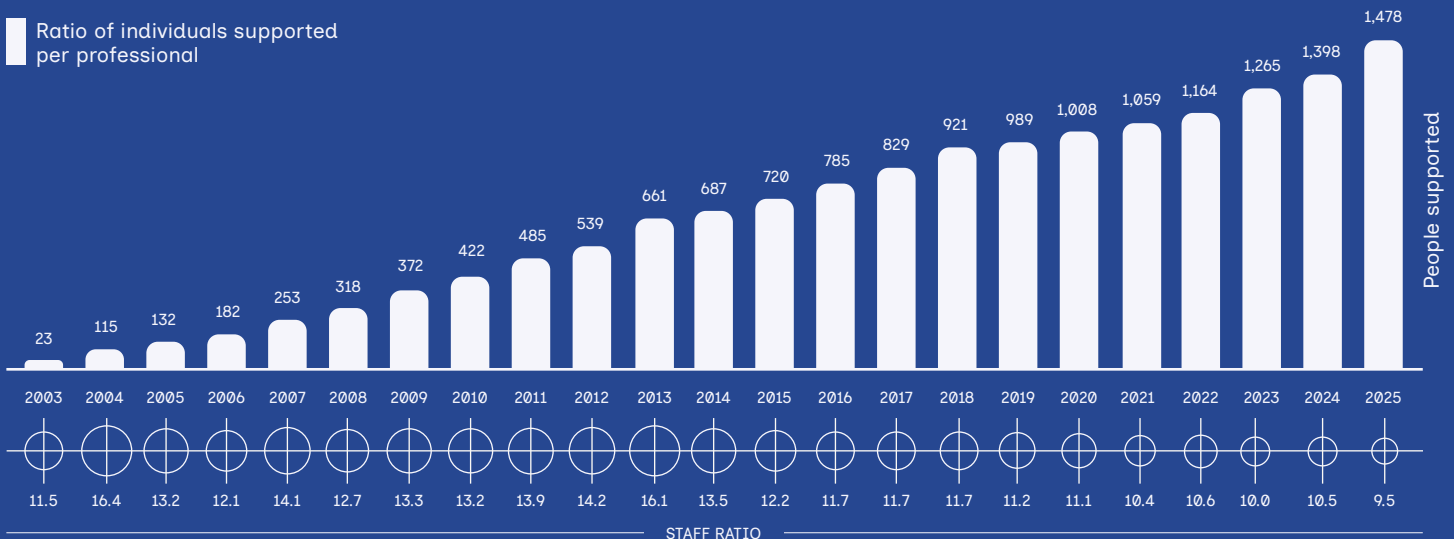
Support-Girona works with a team of 156 professionals, 84.6% of whom are in the Personal Support Area, in close collaboration with colleagues from the Legal and Property Area, the Management Area, and a wide range of partner organisations and external professionals.



Distribution of professionals by area of work

Area of work	Female	Male	Total
Personal Support	101	31	132
Legal and Property Area	9	1	10
Management	1	4	5
Projects and Internationalisation	1	2	3
Executive team	5	1	6
Overall total	117	39	156

Ratio of individuals supported per professional





The **Personal Support Area** comprises 132 professionals from the social, financial, and advisory fields, who work together to support, in all necessary matters, the individuals in their care. The coordinated work between the different professional profiles contributes to ensuring respect for the wishes, rights, and preferences of the individuals, whilst endeavouring to align the established work plan as closely as possible with their needs.

During 2025, the Foundation welcomed a total of 11 work placement students in this area, from a range of institutions and disciplines, including social inclusion, education, and social work.

In parallel, the Legal and Property Area is staffed by 10 professionals, comprising a coordinator, specialist practitioners, and administrative personnel. As the entry point for all court- and solicitor-referred cases, the team is responsible for opening case files and for managing or coordinating any legal proceedings that may emerge over the course of the support provided to each individual.

This area plays out a vital role in managing judicial, administrative, and financial matters, so that professionals in the Professional Support Area, particularly those providing direct support, can be relieved of these responsibilities, and allowing them to focus on their core role: providing direct accompaniment to the people they support.

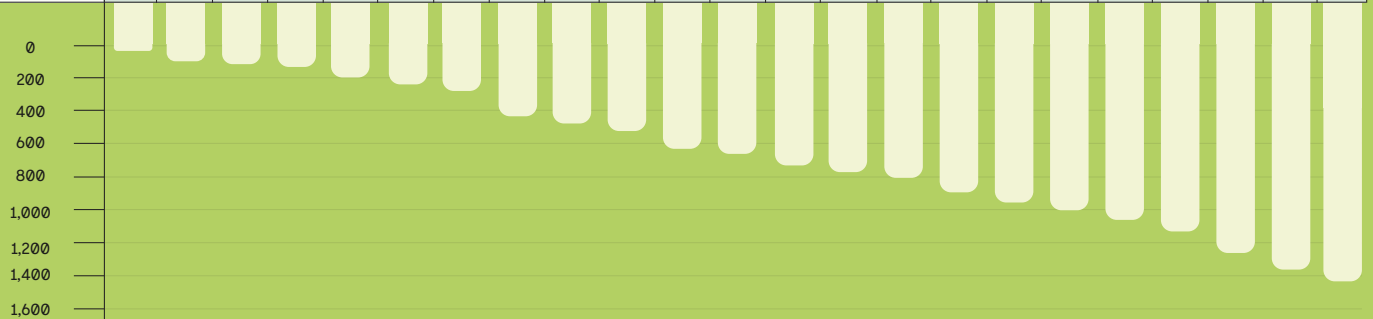
“Professionals at Support-Girona build relationships of trust that make personalised, rights-based support possible — support that is truly responsive to each person’s own life and aspirations”

KEY FIGURES

The categories below reflect the legal forms of support currently recognised and used in Catalonia and Spain. Some are court-based, while others are voluntary and notarial.

Annual breakdown of support arrangements

	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Property Administration	-	-	-	-	-	1	3	2	2	2	4	3	2	2	2	2	7	6	6	5	4	3	2
Interim Administration	-	-	1	1	1	3	6	8	8	14	22	15	19	15	10	14	9	14	12	5	7	3	1
Assistance	-	-	-	-	-	-	-	-	-	2	3	6	5	11	26	50	86	99	126	224	304	369	419
Assistance and Representative Assistance	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2	152	285	389	452
Notarial Assistance	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	5	48	113	126
Representative Assistance	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	49	102	185	233
Curatorship	-	2	8	18	24	28	33	41	46	48	47	53	57	63	67	68	67	71	71	67	49	31	23
Tailored Curatorship	-	-	1	4	10	15	28	39	55	78	112	145	174	204	236	283	319	337	371	254	177	119	82
Interim Curatorship Proceedings	-	-	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Interim Curatorship	-	-	-	-	-	-	1	2	1	2	1	-	-	-	1	2	2	3	1	1	1	-	-
Judicial Representation	3	6	6	7	9	13	32	26	35	37	83	44	33	44	40	47	43	39	41	34	33	29	34
De Facto Care	-	-	-	-	-	-	-	-	-	-	-	-	-	2	-	1	1	1	2	1	-	-	-
Judicial Proceedings	-	-	-	-	-	-	-	-	-	2	3	4	3	3	2	1	1	1	1	1	1	1	1
Active Notarial Powers of Attorney	-	-	-	-	1	1	1	1	1	2	2	2	6	6	12	13	13	13	12	13	15	14	9
Guardianship	59	97	116	149	192	230	265	301	334	346	358	413	418	431	427	433	439	422	410	351	238	140	95
Interim Guardianship	-	-	-	-	-	-	2	6	2	4	5	3	3	4	5	7	2	2	3	1	1	1	1
Total	62	105	132	179	237	291	371	426	484	538	641	688	720	785	828	921	989	1,008	1,058	1,163	1,265	1,397	1,478

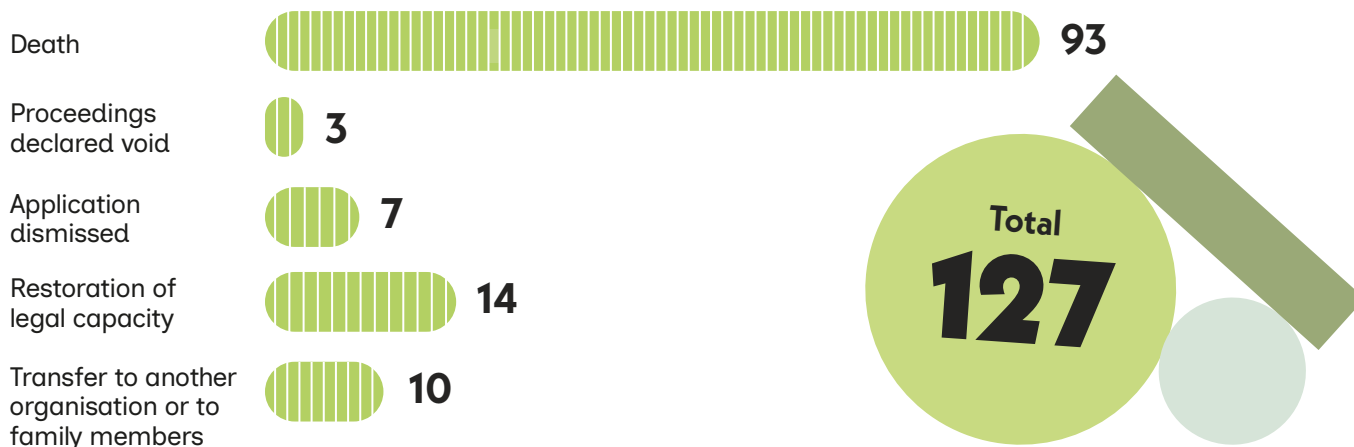


During 2025, a total of 209 new support arrangements were established, representing an average of four new arrangements per week. At the end of the year, 35 newly agreed arrangements were awaiting formal acceptance, and will be taken on once the relevant procedures have been completed. Alongside this, 105 future planning cases have been registered, which will become active cases when the conditions set out by each individual in a formal legal document are met.

Annual breakdown of new support arrangements

	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
New proposed cases	-	-	-	-	-	-	-	-	-	-	-	10	31	39	48	55	53	55	55	51	-	35	35
Future support service	-	2	4	5	15	30	40	57	-	72	78	86	91	103	108	105	109	116	106	108	120	106	105
New supports per year	62	56	43	67	76	90	124	91	89	104	171	114	105	132	114	158	159	96	140	185	204	248	209

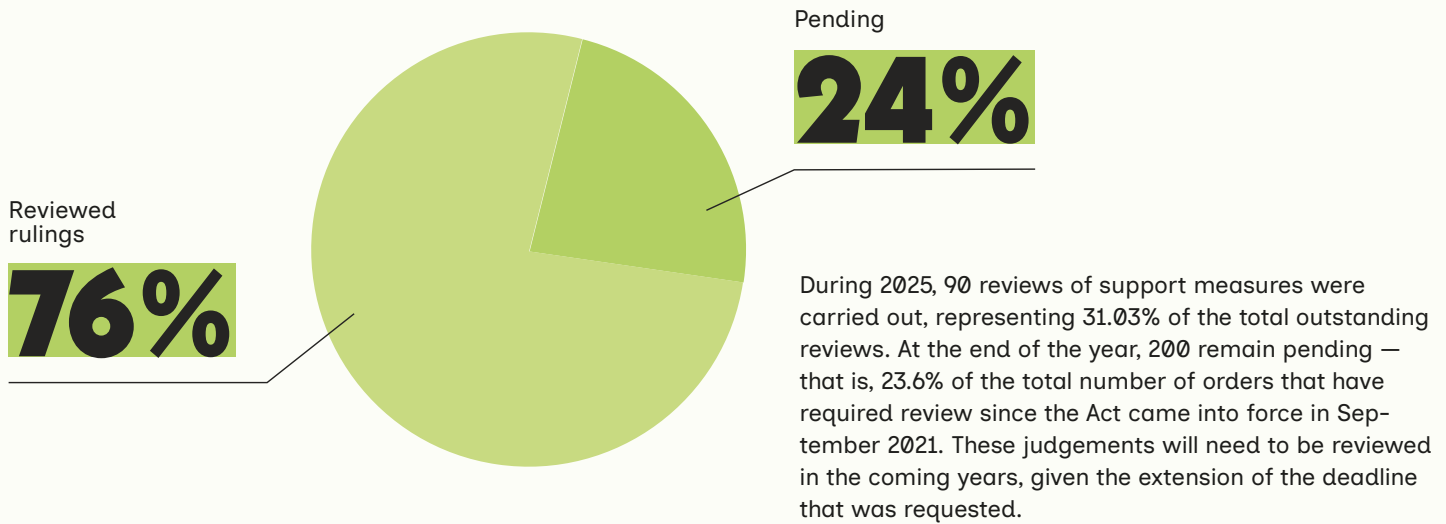
Reasons for case closure during 2025



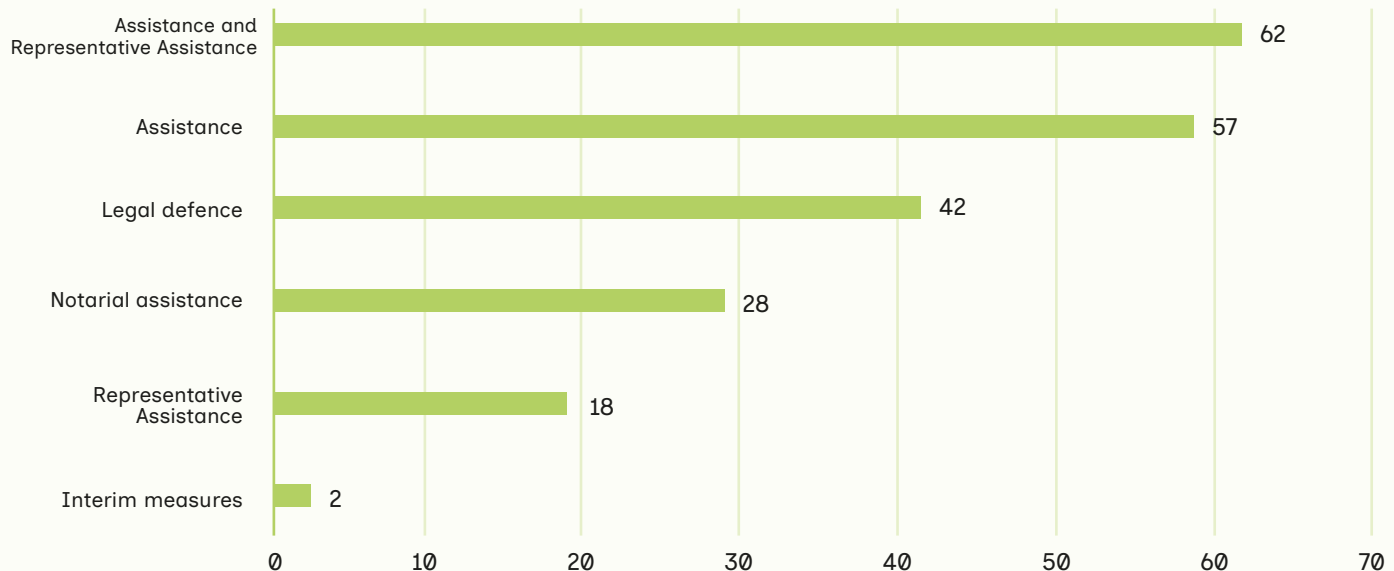
During 2025, 127 cases were closed, primarily due to death, annulment of proceedings, transfers to other foundations or family members, the person no longer requiring support, or the dismissal of a legal application. As a result, as at 31 December 2025, support mechanisms are being managed for 1,478 individuals, with a further 35 arrangements pending and due to be taken on in early 2026.

This figure differs from that shown in the records of the Department of Social Rights, as this report also includes support arrangements undertaken by Support-Girona that are not publicly funded. These relate mainly to notarial powers of attorney already in effect, granted by individuals in anticipation of future support needs, in accordance with Article 222-2 of the Catalan Civil Code.

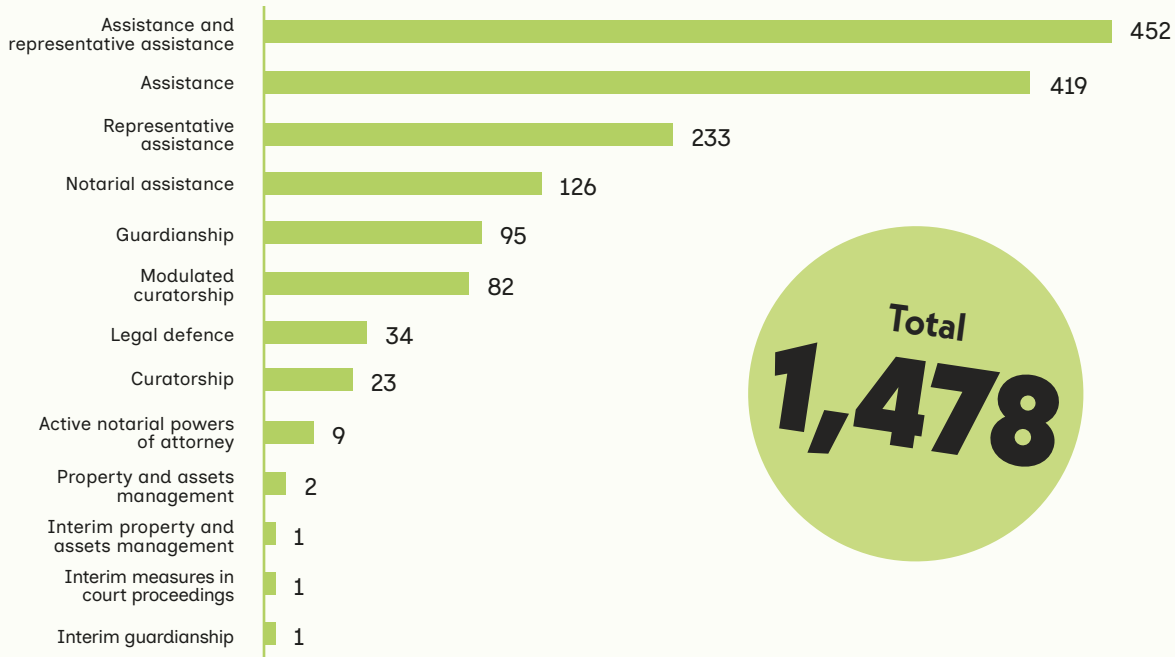
Review of pre-reform court orders



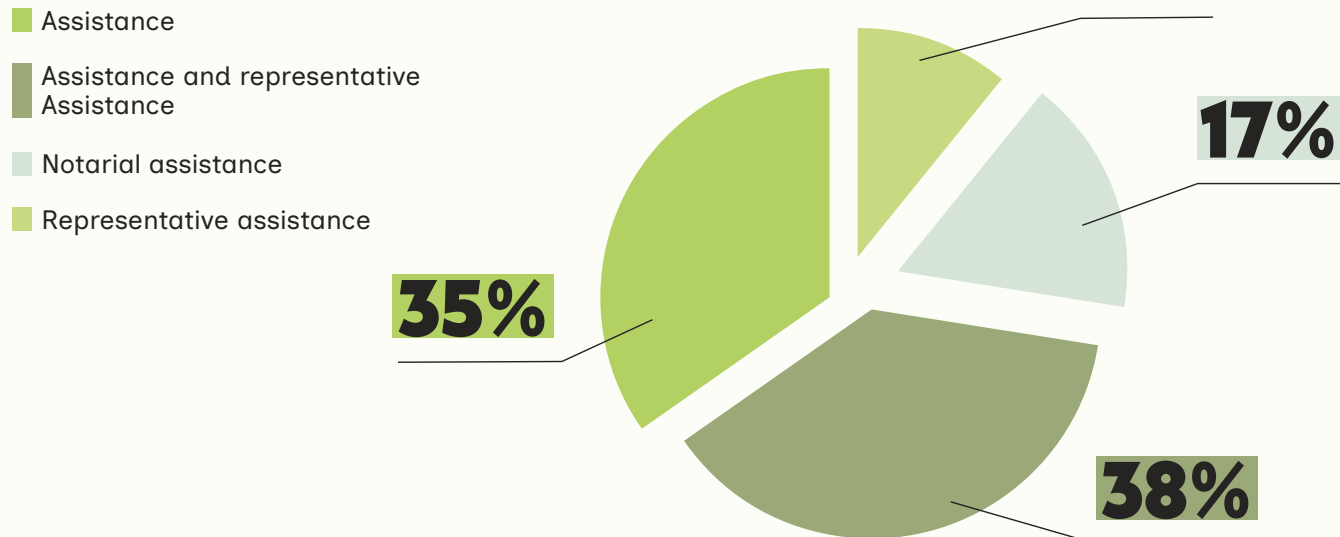
Types of support arrangements accepted



Breakdown of active support arrangements



Types of assistance arrangements accepted



“Continuing to uphold the rights of people with disabilities”

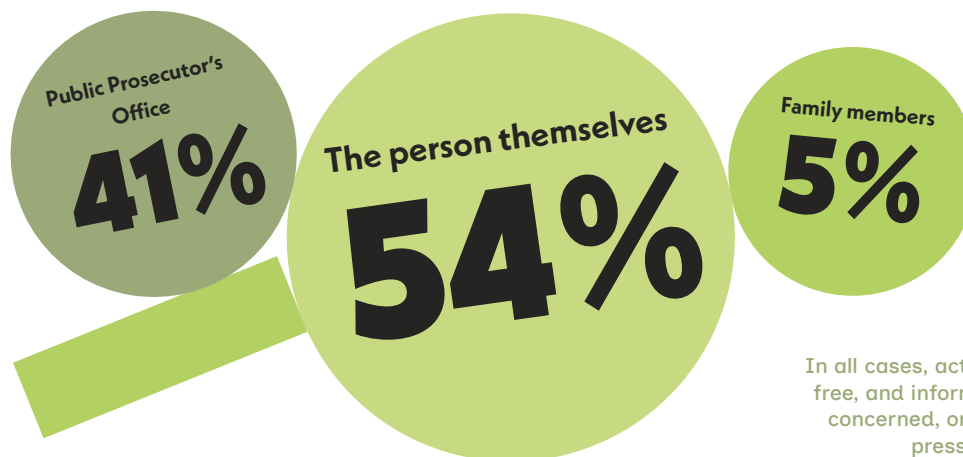
Support-Girona continues to work to uphold the rights of people with disabilities, encouraging court rulings that reflect the support needs expressed by the individual and avoiding, wherever possible, the imposition of representative measures that have not been requested. Despite these efforts, there remains evidence of rulings that include representation without the person’s explicit request — highlighting the ongoing challenge of moving towards support models that are more fully grounded in personal autonomy.

Who initiates the proceedings?

Since the introduction of Legislative Decree 19/2021 in September 2021, Support-Girona Foundation has prioritised voluntary support arrangements, promoting an approach that is always aligned with the will and preferences of the individual — regardless of whether the arrangement includes an element of representation in any given area of their life.

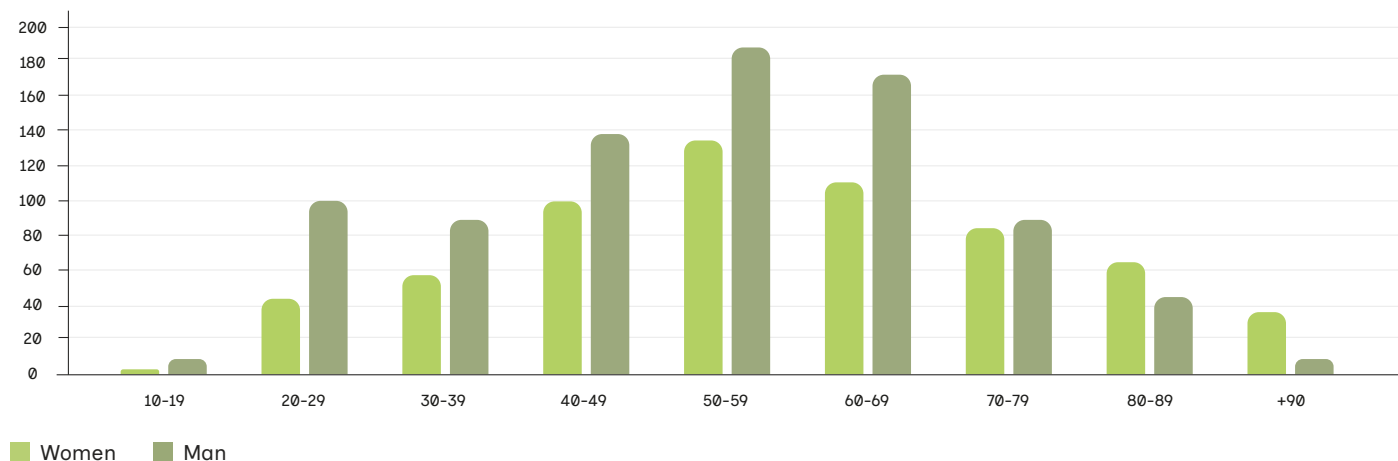
Alongside this, the Foundation actively promotes awareness and use of non-judicial voluntary support measures, such as notarial assistance and preventive powers of attorney — tools that strengthen the exercise of legal capacity and support future planning. During 2025, 51% of the assistance arrangements accepted involved no element of representation (34% accompaniment-based and 17% notarial), whilst 49% included some level of representation (38% with representation in one or more specific areas, and 11% with representation across all areas). These figures reflect the organisation’s commitment to promoting support models centred on the will and preferences of the individual.

In line with this approach, during 2025, 54.1% of support applications were made voluntarily by the person themselves, whilst 40.7% came via the Public Prosecutor’s Office and 5.3% from the person’s family network — all with the person’s consent. These figures reinforce a model of support grounded in self-determination and respect for individual rights.



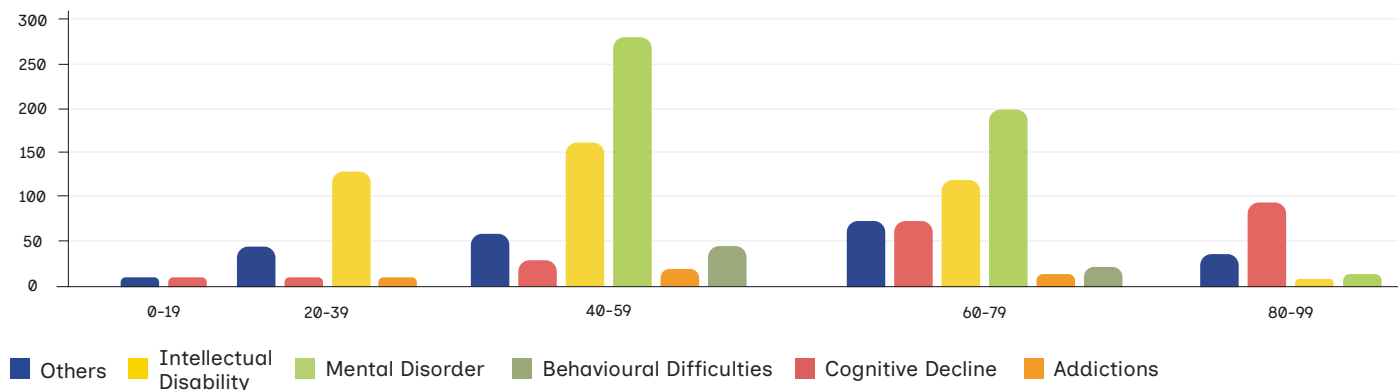
In all cases, action is taken with the prior, free, and informed consent of the person concerned, or in the absence of any expressed objection on their part.

Age and gender of people supported



As has been noted in previous years, the group with the highest number of active support arrangements continues to be men aged between 40 and 69.

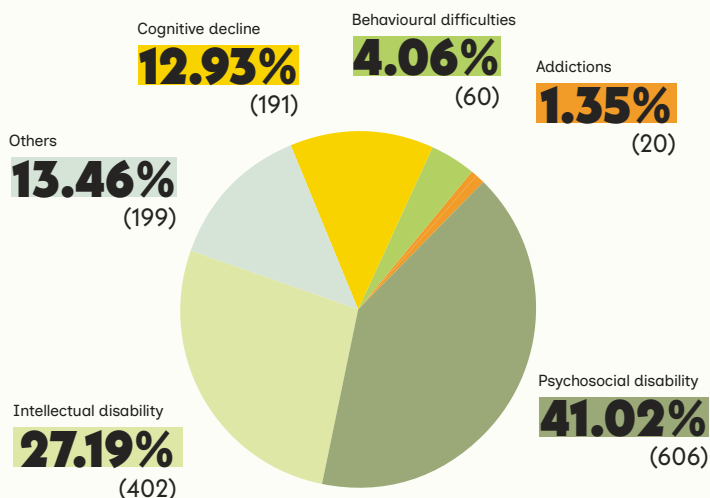
Main support needs by age group



Among the people supported by Support-Girona Foundation, psychosocial disability continues to be present across all age groups, with the greatest concentration among those aged 40 to 59, consistent with the pattern observed in previous years. Intellectual disability also shows a notable prevalence within this same age bracket, whilst cognitive decline increases significantly among older age groups, occurring predominantly in those aged between 60 and 100.

For younger people, particularly those aged 20–29, intellectual disability is the most prevalent, followed by psychosocial disability and behavioural disorder, which shows a progressive upward trend compared with previous years. These figures highlight the diversity of needs among those supported, and the importance of maintaining tailored support responses that are responsive to each stage of a person's life.

Reasons for support needs



The pattern observed in previous years continues, with the highest proportion of complex cases involving people with psychosocial disability (41%), followed by intellectual disability (27%) and cognitive decline (12%) — reflecting the similarity of the profiles supported by Support-Girona Foundation.

A slight increase in behavioural difficulties was observed in younger people, particularly in situations of greater social, family, and personal complexity. In this context, the organisation continues to participate in the Catalan Department of Health's integrated programme for high-complexity mental health and addiction cases (PAICSAMAEC), as well as in the Technical and Operational Committee of the territorial network of Equipos Guia — teams focused on intensive community-based support for people aged 12 to 25 with mental disorders, substance use issues, or disruptive behavioural difficulties.

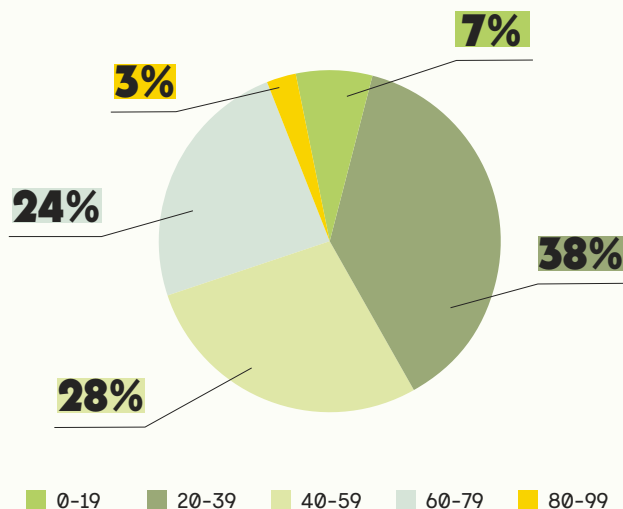
Through these collaborative working spaces situations of high complexity can be addressed, supporting the development of individual life plans, strengthening connections with existing services and promoting pathways towards social, health, and community inclusion.

Support in Complex Situations

During 2025, 29 of the 209 support arrangements accepted by Support-Girona Foundation were identified as complex cases. The breakdown by age group shows that 7% of complex cases involved people aged 0 to 20, 38% those aged 20 to 40, 28% those aged 40 to 60, 24% those aged 60 to 80, and 3% people aged over 80. The 20 to 40 age group accounts for the highest proportion of the most complex cases.

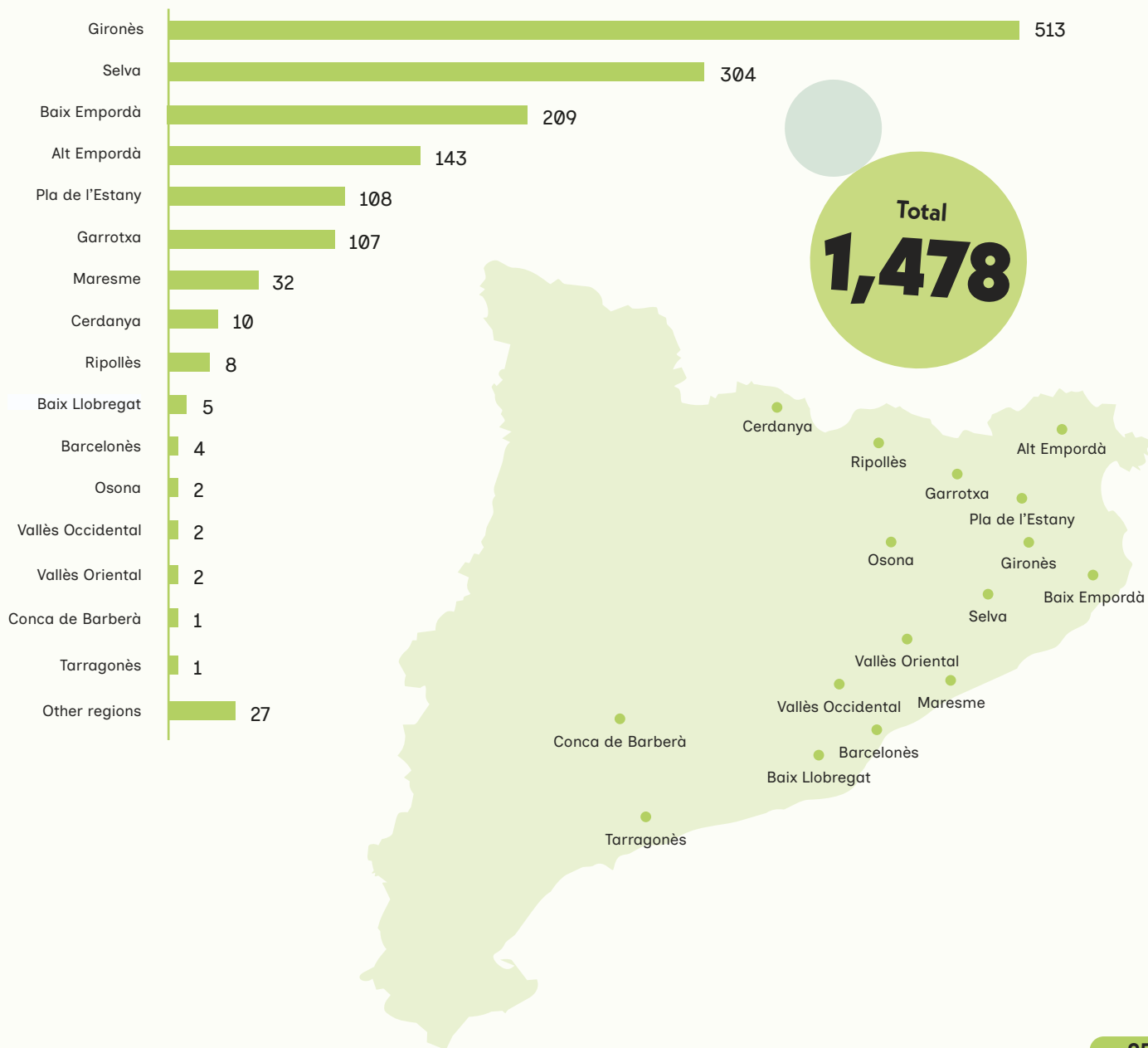
In total, the organisation has provided support to 181 people meeting the criteria for complexity, including both new cases accepted during 2025 and those with an existing relationship with the organisation. Among the factors that typically determine case complexity are difficulties in participating in community life, lack of engagement with health services or community resources, limited insight into their own situation, and poor adherence to treatment.

The majority of complex cases present a dual diagnosis. The principal challenges in providing support relate to the limited availability of resources and the need to continue raising community awareness of the right of people with disabilities to make their own decisions — in keeping with a support model grounded in rights and personal autonomy.



Breakdown of support arrangements by area

Most support arrangements are concentrated in the Girona region, with additional activity in other parts of Catalonia.



LIFE IN THE COMMUNITY

The people we support

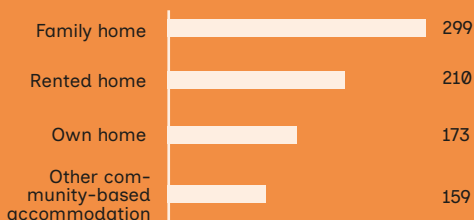
Place of residence

During 2025, Support-Girona continued to prioritise enabling people to live in the environment of their choosing, promoting community living with the support needed to ensure a life of dignity and on an equal footing with others.

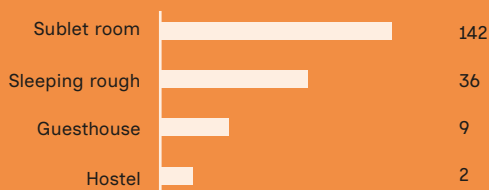


The community

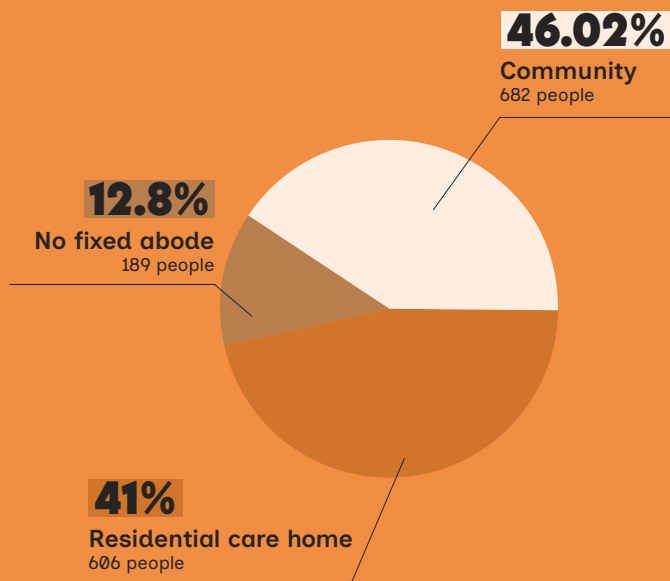
682
people



No fixed abode: 189 people



46.2% of people supported (682) were living in the community — whether in their own home, rented accommodation, or with family. These individuals received direct support from the organisation's staff, alongside complementary provision from the public system, such as Home Care Services, Support for Independent Living at Home, and benefits linked to the Personal Autonomy and Dependency Care Act (LAPAD).

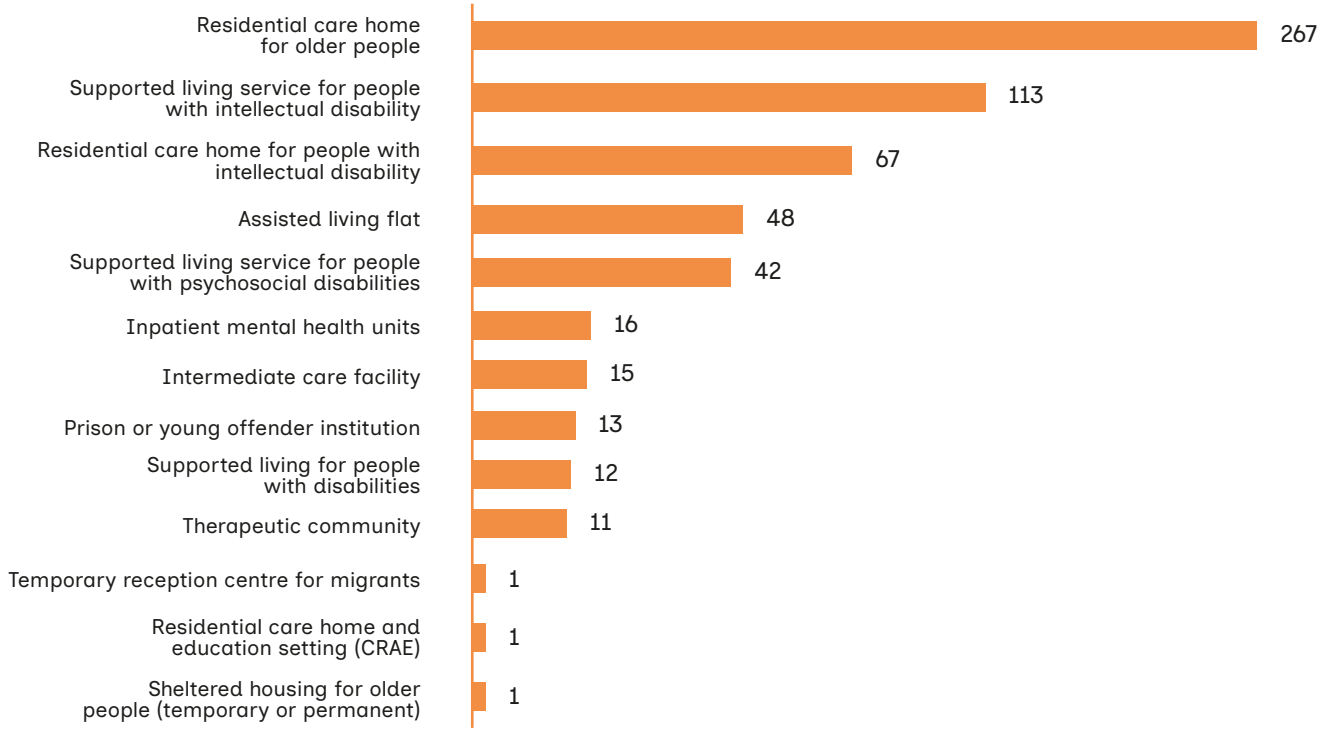


A further 12.8% of people supported (189) were of no fixed abode or living in highly unstable housing — including sublet rooms, guesthouse accommodation, sleeping rough, or in hostels. In these cases, support required a more intensive and coordinated response, given the associated social vulnerability and the additional challenges involved in sustaining any progress towards independence.

With regard to residential provision within the social care system, 41.0% of people supported (606) were living in registered care settings with a formal administrative placement, such as residential care homes for older people, supported living services, residential services for people with intellectual disabilities, nursing and rehabilitation facilities, or mental health residential units, amongst others.

The organisation's aim is to continue increasing the number of people connected to their community, strengthening collaborative working with local services and resources, and driving forward projects focused on independent living and meaningful social inclusion.

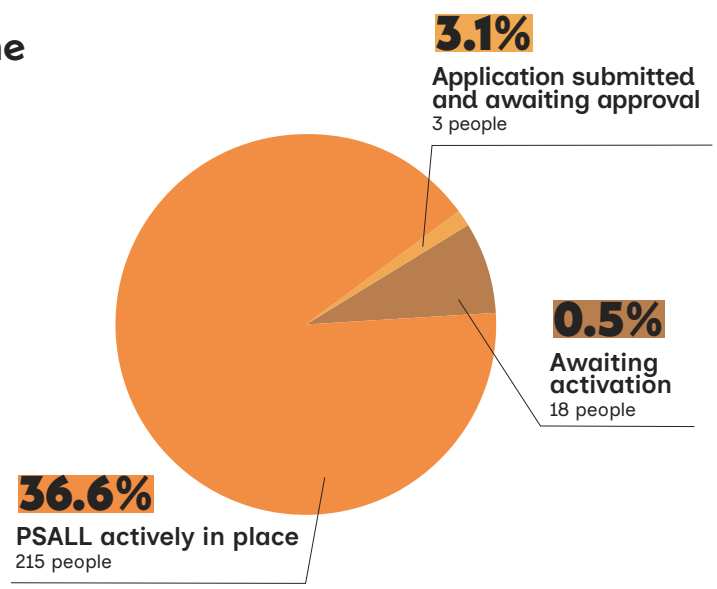
Residential care home: 606 people



Support for independent living at home

During 2025, 587 people supported met the eligibility criteria for the Home-Based Autonomy Support Service (PSALL). This profile includes people with a recognised disability of over 33%, assessed at dependency grade 0 or I, predominantly aged between 18 and 65, and living in their own home (with some exceptions where the service had previously been granted).

- Of the total number of people with a potential entitlement to the service:
 - 215 people (36.6%) had the PSALL actively in place.
 - 3 people (0.5%) were awaiting activation.
 - 18 people (3.1%) had applied and were awaiting approval.



- Changes recorded during the year:
 - 5 people (0.9%) voluntarily withdrew from the service.
 - 7 people (1.2%) were discharged* from the service, principally due to death, admission to a residential facility, or being awarded dependency grade II, which is incompatible with this service.

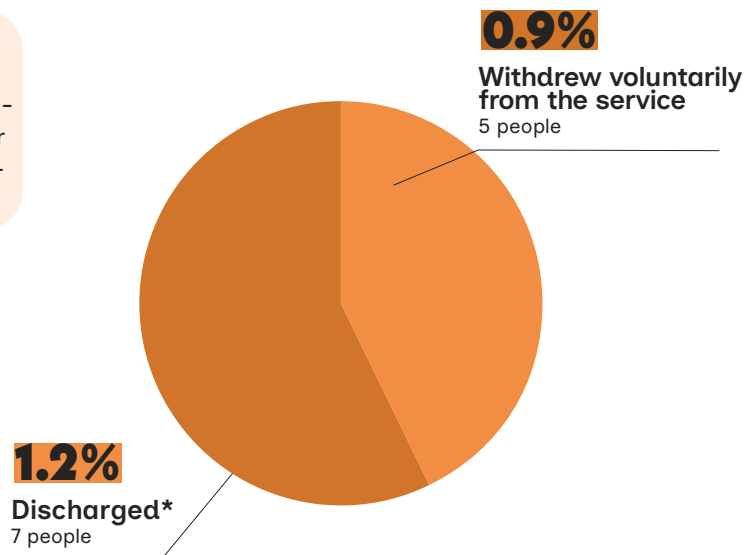
These figures reflect both the volume of people with a potential entitlement to PSALL and the ongoing need to work towards streamlining activation processes, ensuring that support reaches those who wish to continue living in the community in a timely and effective way.

The community mediator

Support-Girona employs a community mediator as a **key figure for improving community relations** and social cohesion in the areas where the people it supports live. This role aims to facilitate communication and mutual understanding between the people supported and the various community support workers with whom they interact (residents' associations, businesses, accommodation services and public resources), particularly in contexts where tensions or conflicts may arise from diverse needs.

The role is carried out with a preventive and restorative approach, fostering dialogue and exploring alternative approaches to conflict resolution, with the aim of promoting inclusive environments, strengthening community relations, and contributing to the development of community networks.

The community mediator also sits on the organisation's internal housing committee and monitors community relations in the supported flats in Girona and Salt. During 2025, 36 contacts were made with the management of residents' associations



linked to the properties managed by the organisation in order to address incidents, share relevant information and proactively handle situations that could affect community relations.

Coordination with temporary accommodation providers in the local area has also been strengthened, particularly in Salt, working alongside with municipal services and participation in the complex cases forum.

Contact was made with 60 local businesses, in the surrounding area, combining follow-up visits and one-off interventions, fostering trust-based relationships and open lines of communication.

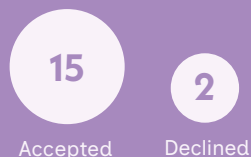
Finally, 17 meetings were held with local voluntary and community organisations, to help build mutual understanding and drive forward joint initiatives focused on social inclusion and community cohesion.

FLAGSHIP PROJECTS AND PROGRAMMES

Open Space

Open Space is a recovery and life-planning service run jointly with the Institut d'Assistència Sanitària (IAS). It is recognised as an example of good practice. Professionals and public sector organisations regularly visit the service to learn about its approach. Its experience is also shared at conferences and professional events.

↗ Referrals



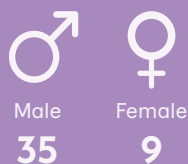
↓ Discharges



🚩 Nationality



Gender



Support



Theatre Workshop

The theatre workshop is one of the most popular community activities among the people supported by the Foundation. It promotes creativity, personal expression and social connection.

During the 2024–2025 programme, 19 people initially took part (6 women and 13 men), divided into two groups: 8 in Girona and 11 in Salt, with the support of 3 staff members. The groups had different kinds of participants from Arbúcies, Llambilles, Salt and Girona, with varied residential situations. The Salt group was made up predominantly of people connected to Espai Obert.

Rehearsals took place weekly at Teatre El Galliner in Girona and La Factoria Coma Cros in Salt, with two specialist facilitators from Escenaris Especials working with each group. Over the course of the programme, a number of participants withdrew, primarily due to the distance from the new Salt venue, health reasons, or a lack of motivation. Finally, seven people (6 men and 1 woman) completed the programme in full.

The workshop is structured in two phases: an initial group-building phase (October to December), followed by a creative and production phase (January to June), built around collective devising rooted in the participants' own experiences and interests.

The final production, *La fi del món* (The End of the World), was shared with the Escola de Teatre del Gironès and the Ateneu Obert a la Dona in Banyoles. Performances took place on 2 May at La Factoria in Banyoles and on 30 May at Sala La Planeta in Girona, preceded by an open rehearsal on 27 May attended by participants from Support's leisure and social activities programme.

BAOBAB Social Mentoring Project

The BAOBAB Social Mentoring Project supports people through significant life transitions via mentoring relationships between people with psychosocial disabilities, promoting active participation, personal autonomy, and community inclusion.

The second edition of the project concluded in February 2025, with 10 participants organised into 5 mentor-mentee pairs, all connected to Support-Girona. The model is based on a two-way relationship of mutual learning and support, with each pair receiving weekly guidance from a member of staff. At the time of writing, the third edition is under way, with

13 participants and 6 pairs — expanding both the number of participants and the geographical reach of the project to include Girona, Salt, Banyoles, and Santa Coloma de Farners. The initial training session took place on 10 November, following which the staff team defined the pairings.

The Pairs have now begun their weekly meetings, each working towards agreed individual goals. The project is due to conclude in July 2026, at which point a full evaluation will be carried out.

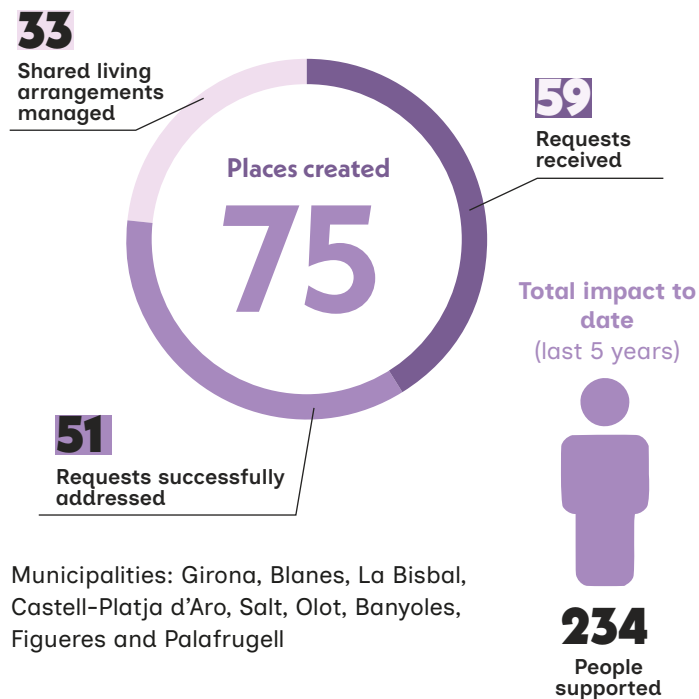
The Housing Committee

The Housing Committee was established in 2018 in response to the need to develop alternative housing options for people supported by the organisation experiencing homelessness or living in accommodation that did not adequately meet their needs. The aim is to provide the support needed to prevent institutionalisation and to promote community inclusion and independent living, in line with each person's own preferences regarding where and with whom they live.

Throughout 2025, weekly meetings were held with the professionals forming part of the Housing Committee to assess requests for resources forwarded and made by the people themselves. When reviewing requests, the committee considers available resources, individual needs, and each person's geographical preferences.

Throughout the year, the management of shared living arrangements across several municipalities in the Girona region was consolidated, facilitating access to housing through both institutional agreements and the open market. These actions are carried out within the framework of the agreement with the Catalan Government's Housing Agency.

2025 Key figures



Ageing at Home Project

The *Ageing at Home Project* aims to ensure that people aged 65 and over supported by Support-Girona are able to continue living in their own home when that is their wish, avoiding unwanted admissions to residential care and ensuring the support needed to maintain their physical, psychological, and social wellbeing.

In keeping with Article 19 of the United Nations Convention on the Rights of Persons with Disabilities, the project is based on the right of older people to live independently and to participate actively in their community, without having a particular way of living imposed upon them. Flexible, personalised responses that are well coordinated with the wider network of services help provide a response to the higher life expectancy and diverse living situations of elderly people today.

In 2025, the project was initially deployed in the areas of Girona and Salt, then gradually expanded to La Selva and Baix Empordà. Work began with an individual review of cases involving people aged 65 and over, carried out in coordination with their named keyworkers. Following this preliminary

analysis — covering history, social situation, active resources and identified needs — interventions were planned and timetables adjusted to ensure they complement existing services (home care, therapies, physiotherapy, or other home-based support).

The model of support is built on proximity, respect for individual pace, and the development of relationships of trust. Support activities include cognitive stimulation, walks, conversation, and emotional support, all adapted to the preferences and needs of each person. This approach helps staff to identify improvements in the emotional wellbeing and ability to communicate among those taking part, particularly among those who have spent longer in the programme. The project maintains close coordination with relevant professional teams to enable a timely response to any changes in a person's circumstances or emerging risk.

After several years in operation, *Ageing at Home project* has established itself as a key tool for sustaining community-based life plans, strengthening personal autonomy, and preventing unwanted institutionalisation — placing the will of the individual at the heart of the support provided.



Additional investment

€220,838.40

Areas covered: Girona, Salt, La Selva and Baix Empordà

Living at Home Project

The Living at Home project supports the transformation from substitute residential service models towards a supported living model, using a person-centre decision-making process. This approach leads to the personalisation of support, normalisation, and social inclusion, strengthening autonomy, respect for rights, and active participation, within an efficient and sustainable framework.

The project is developed through cross-sector collaboration with other organisations and in partnership with the Institut d'Assistència Sanitària (IAS) as a local service provider, to ensure comprehensive coverage for all participants.

During 2025, efforts focused on developing the personal autonomy of participants, significantly reducing the hours of educational support required and moving towards more tailored and flexible models of support.

People participating:



Changes to support: reduction in the intensity of educational support as a result of increased autonomy

“A model based on supported living, with person-centred decisions”



PERSONAL SUPPORT AREA

Social action

In 2025, there were a total of 234,000 personal support interventions, consolidating the volume of both direct and indirect work across the area.

The largest share of activity continues to be direct accompaniment, in particular: 41,492 follow-up visits to people in their place of residence, 7,502 medical accompaniments, 6,831 general shopping visits, and interventions related to leisure, first contact, or urgent situations.

At the same time, non-face-to-face activity continues to represent a substantial part of the overall support provided. In particular, there were 72,409 telephone and email interactions, 41,493 financial management tasks, 6,754 property management tasks, 3,079 administrative tasks, and actions relating to official bodies and the Dependency Act. Together, these figures reflect the growing complexity of the support required and the constant coordination and casework that underpins face-to-face support.

The 7,017 meetings and coordination sessions with families and external professionals highlight the importance of joined-up working in ensuring consistent, continuous, and tailored support for each individual.

Every person supported by the organisation is assigned a dedicated team of professionals with whom they develop their Individual Support Plan. The team comprises a named social worker, one or two support workers (depending on the complexity of the case), and a financial adviser, with input from a legal and property specialist when the situation requires it.

The Individual Support Plan defines the areas in which the person has requested support and sets out the agreed goals and shared working principles. It is a living document — flexible and open to review whenever the person's circumstances change or either party considers it necessary — ensuring that support remains centred on the individual's will and needs.

2025 Indicators



24/365 Emergency Service

Support-Girona operates an emergency response service **365 days a year, 24 hours a day**, providing an immediate response to unforeseen situations affecting the people it supports.



1,691
Calls

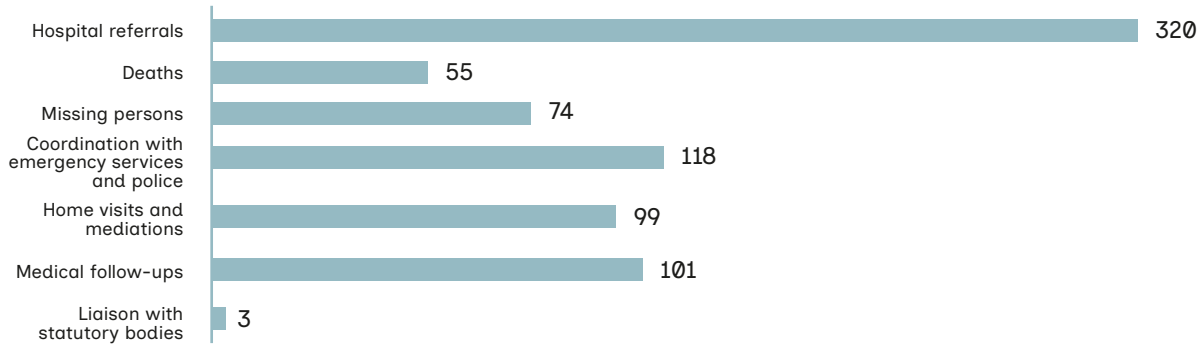


1,166
Incident records

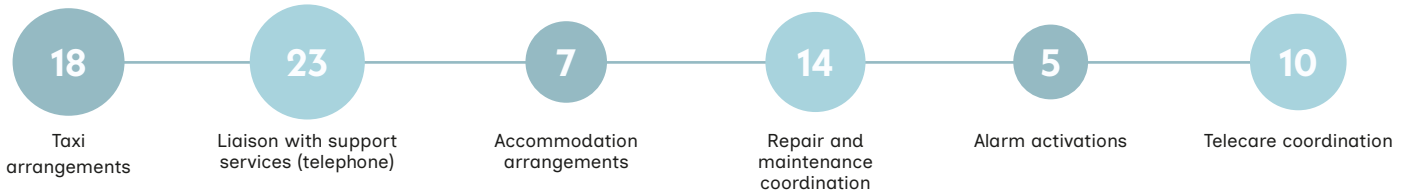


20
In-person call-outs by
on-call staff

The most notable incident types recorded include:



The following actions were also carried out in response to everyday situations with an immediate impact on the safety or wellbeing of the person:



Compared with 2024, with 1,122 calls, 893 incident records, and 13 in-person call-outs, the service saw notable growth during 2025. Calls increased to 1,691 (+50.7%), incident records to 1,166 (+30.6%), and in-person call-outs to 20 (+53.8%). This increase reflects not only a higher volume of activity but also a heightening in the complexity of interventions, with a notable rise in coordination with security

services (118) and home-based interventions (99) — clear indicators of the greater complexity of the situations. Taken together, the on-call service continues to consolidate its role as a key resource for containment, immediate response, and coordination with the wider network, ensuring safety and continuity of support at all times and in response to any incident.

The Values League

Support-Girona's futsal team closes 2025 on a very positive note, marked by consistency, collective effort, and sustained progress throughout the season. The team finished in second place in the top division of the league, reflecting the team's continued growth and highlighting the group's cohesion and ability to overcome challenges together.

Over the course of the year, the team took part in several major sport events. On 19 April, they competed at MIC Integra in Vidreres, reaching the quarter-finals and strengthening connections with teams from across the region. On 18 May, the team took part in the Emporion Games in Salt, further cementing

sport as a vehicle for participation and community-building.

Following the summer break, training resumed in September with the addition of three new players. Work focused on their integration and physical preparation, including a three-day pre-season training camp at Mas Badó, which helped to strengthen team cohesion and the group's shared values: commitment, responsibility, respect, cooperation, and effort.

At the time of writing, the team is at the midpoint of the 2025/2026 season, with a strong competitive start and high motivation heading into the second half of the year.

Leisure and Social Activities Committee

The Leisure and Social Activities Committee, established in April 2018, continues its work of creating spaces and opportunities for people supported by the organisation to enjoy shared activities connected to their local community. The group comprises seven professionals from the Social Support Area who plan initiatives together, aimed at promoting wellbeing and community participation.

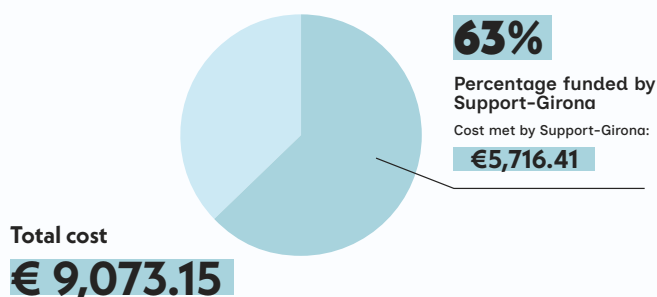
The committee promotes accessible and meaningful leisure opportunities, so that people can broaden their social connections, experience new environments, and strengthen their autonomy from an inclusive, participation-centred perspective.

During 2025, nine activities were organised, with 337 people taking part. The organisation covered 63% of the total cost, reflecting its commitment to a stable and high-quality programme.

The activities emphasise experiencing culture and nature through participation, including performing arts and music events, as well as outings in natural settings. Stand-out experiences included the sensory activity "Walking Barefoot" and participatory events such as "A Morning with the GIO Symphonica Orchestra", both of which fostered direct engagement from participants.

The committee continues to work towards offering a diverse, inclusive leisure programme oriented towards emotional wellbeing, creating spaces for community connection and meaningful shared experiences.

2025 Indicators



Participants

337

Activities

9

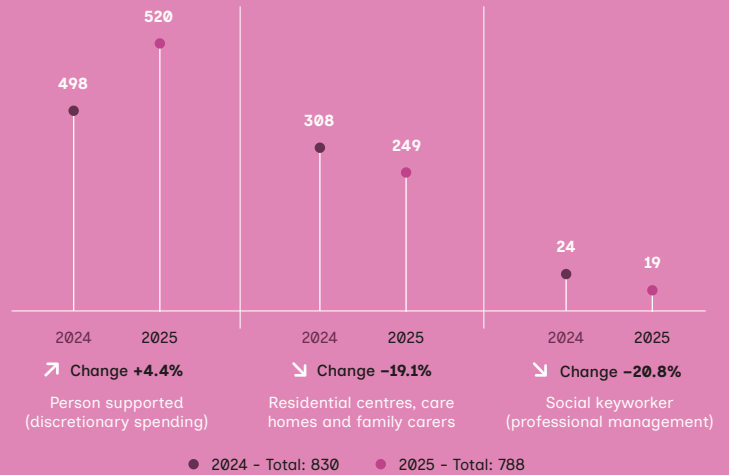
ECONOMIC ACTIVITY

Debit Card Management

In 2025 a new model for managing personal spending and discretionary funds was consolidated. Support-Girona's aim has been to reduce professional intermediation in order to strengthen people's ability to make their own financial decisions.

The figures show a clear shift towards self-managed access: cards held directly by the people themselves have risen to 520 (up 4.4% on 2024), whilst those managed by residential centres and professionals have fallen significantly (-19.1% and -20.8% respectively).

This reduction in the number of cards managed by professionals (from 830 to 788) does not reflect a drop in activity, but rather a more efficient and direct approach in which the

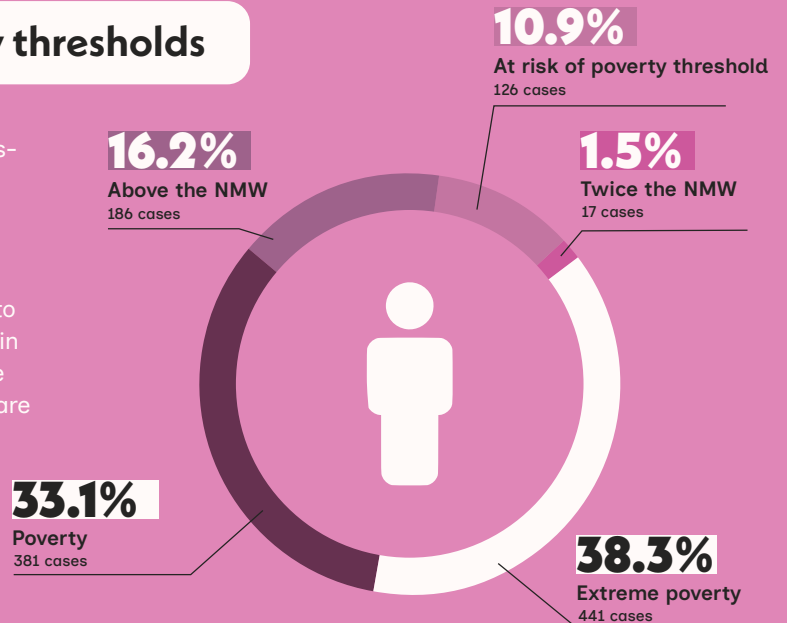


person takes control of their daily budget, reducing reliance on professional structures.

Financial vulnerability and poverty thresholds

An analysis of the financial situation of the 1,151 people assessed reveals a picture of structural hardship.

The distribution shows that the majority of cases fall within the most economically vulnerable categories. Specifically, 38.3% fall into the category of extreme poverty and 33.1% into poverty, meaning that more than seven in ten cases fall within these two categories. A further 16.2% have income above the NMW, 10.9% are at the poverty risk threshold, and only 1.5% are people with income of double the NMW or more.



Socioeconomic profile of people supported

The financial stability of the people supported depends predominantly on the public social protection system. During 2025, benefits and pensions constituted the primary means of subsistence.

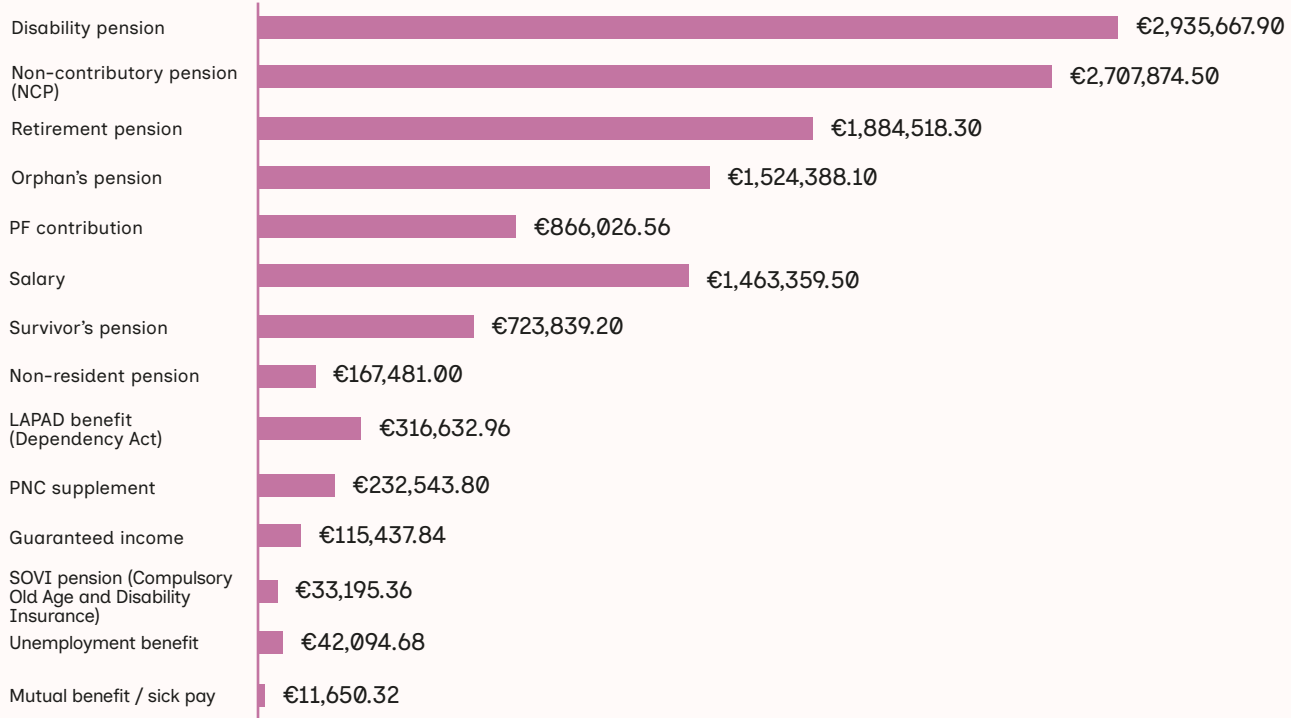
Non-contributory benefits and social assistance: the largest group comprises people in receipt of non-contributory pensions (NCP) (318), followed by those receiving support linked to the Dependency Act (90), and those receiving the Guaranteed Citizenship Income (GCI) / Minimum Living Income (MLI) (30).

Contributory pensions: a significant number of people receive benefits as a result of their own employment history or family circumstances, including disability benefit (192), orphan's pension (187), and retirement pension (140).

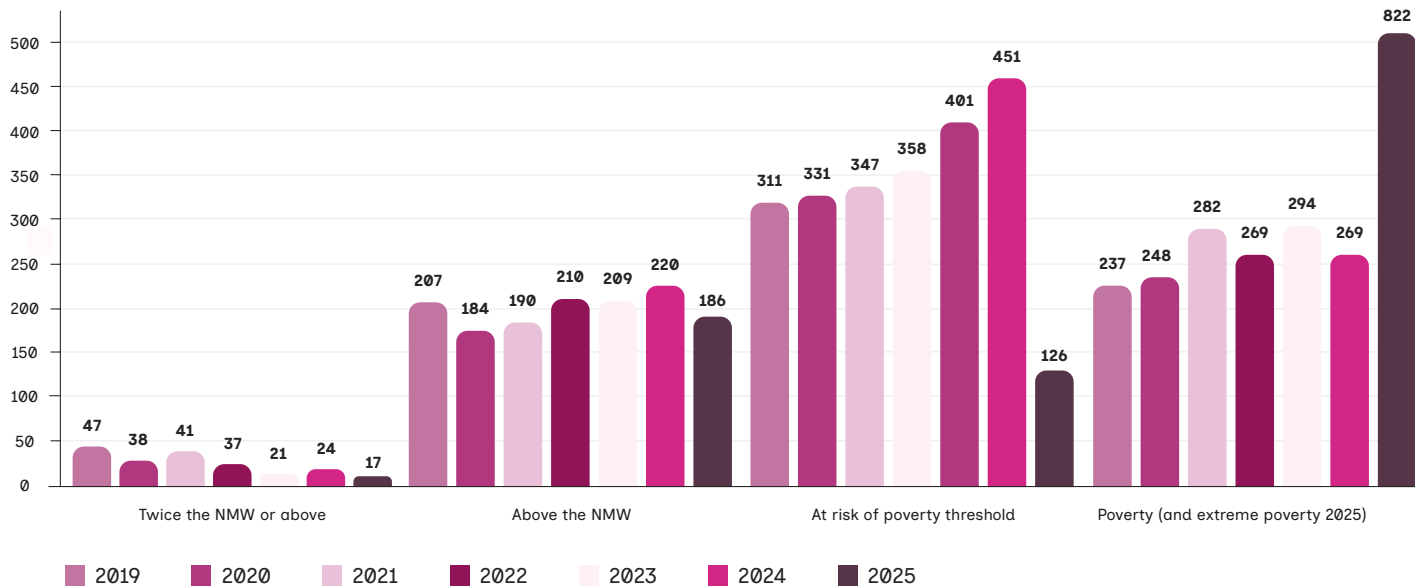
Income from employment: only 129 people (approximately 11% of the total) receive a salary, reflecting the significant barriers to employment faced by this group.

SOURCES OF INCOME OF SUPPORTED INDIVIDUALS (IN EUROS)

FY 2025 €13,108,691.30



Trends in the financial circumstances of people supported



These figures are a reminder that Support-Girona’s work goes far beyond administration — it is a form of careful, day-to-day financial stewardship, ensuring that people can

maintain a dignified, community-integrated life on very limited means.

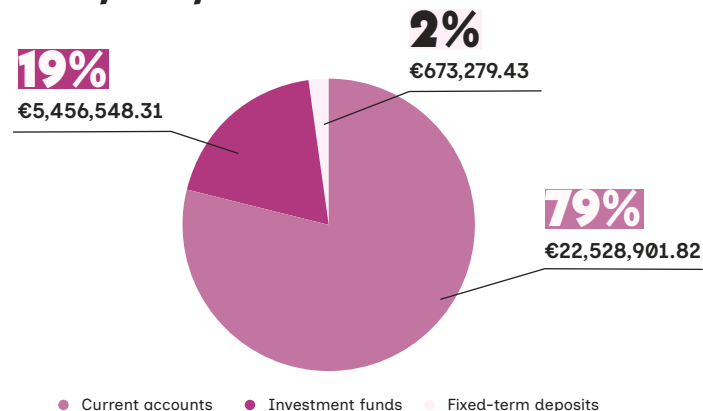
Support with financial management

During 2025 the capital managed on behalf of those supported was distributed across three types of financial product. Current accounts held €22,528,901.82, investment funds €5,456,548.31, and fixed-term deposits €673,279.43.

In total, the overall sum associated with this management amounted to €28,658,729.56.

Total capital under management 2025

€28,658,729.56



LEGAL AND PROPERTY MANAGEMENT



8,945

Notifications received
(court and administrative)



2,959

Submissions made (to
courts or public bodies)



170

Average weekly
notifications



34

Average daily notifications



55

Written submissions per
week



11

Written submissions
per day



250

Actions in criminal
proceedings



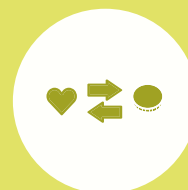
328

Civil court hearings



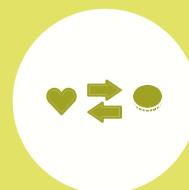
90

Reviews of support
arrangements



30

Estates administered and
finalised



34

Estates still in progress at
end of 2025

The legal team at Support-Girona continues to ensure that support arrangements are consistent with the current legal framework always listening to the will of the person and seeking to ensure that court rulings reflect this as closely as possible.

Throughout 2025, it has again been observed that reviews of support arrangements processed without the direct involvement of the organisation tend to result in the imposition of representative measures that do not always reflect the person's expressed wishes. In view of this, the organisation remains committed to seeking modification of these decisions when

the person so request, increasing the legal support in review proceedings.

With regard to banking, the organisation continues to work actively with financial institutions to promote understanding of and respect for the rights of people with disabilities, encouraging practices that facilitate everyday banking and avoid unjustified restrictions. This work forms part of the organisation's broader commitment to rights advocacy and to transforming institutional practices that continue to create barriers to the autonomy of the people it supports.

"Legal support to uphold the will of the individual"

Counselling Service

Support-Girona offers a counselling service open to the public, aimed at raising awareness of legal support arrangements and tools for planning future support needs. The team comprises two full-time professionals and two legal practitioners working at 50% capacity, who provide guidance to both individuals and professionals within the framework of the new support paradigm.

In 2025, 405 counselling consultations were held, 72 of which were second or third appointments, 11 more than in 2024.

The profile of those using the service remains stable: predominantly male (62%), with an average age of 50, although an increase has been noted in users aged over 60. Geographically, the majority come from the Gironès area, followed by Baix Empordà and La Selva, with some requests from northern Maresme and, occasionally, from outside the Girona area (14 cases).

In terms of format, the service prioritises in-person appointments at the offices (332 appointments), though outreach visits to different areas were also organised (146), particularly where it was considered beneficial to meet the keyworker. In addition, 62 telephone consultations and 11 video appointments were carried out.

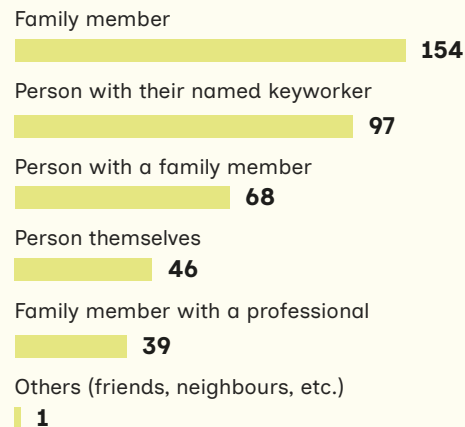
The service places particular emphasis on rights education and informed decision-making. In this regard, 46 people sought advice independently, 68 attended with a family member, and 97 with the support of a professional. In total, in 211 cases the counselling consultation was held with the person themselves.

Requests are increasingly varied, though the majority continue to relate to legal support arrangements. In 52% of cases, the meaning of representative powers was explained, with emphasis on their exceptional nature. Information was also provided on the routes to accessing support arrangements

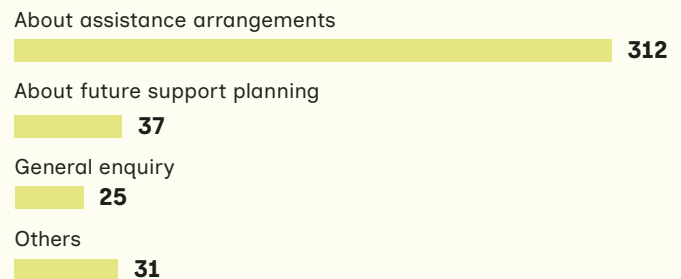
(through the courts or via a solicitor), as well as on the practical implications for financial management.

In approximately half of all consultations, future support planning options were discussed, regardless of the initial reason for the enquiry. Guidance on local social care resources and services was also frequently provided, offering a holistic approach that addresses both the legal and social needs of the individual.

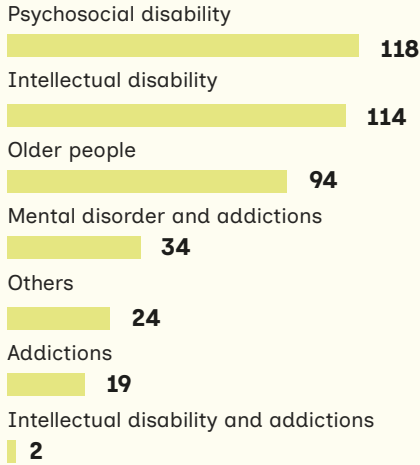
Advisory consultation — group breakdown | Total: 405



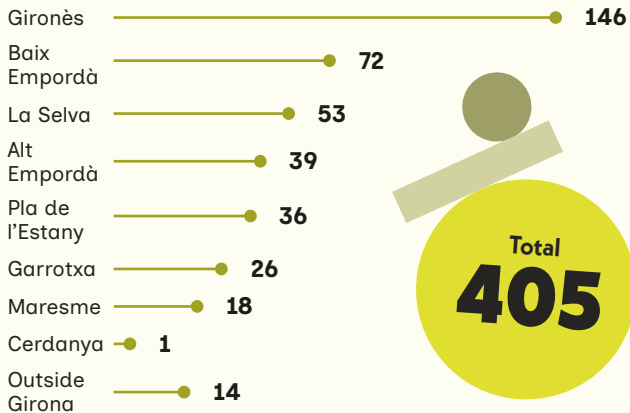
Type of initial enquiry | Total: 405



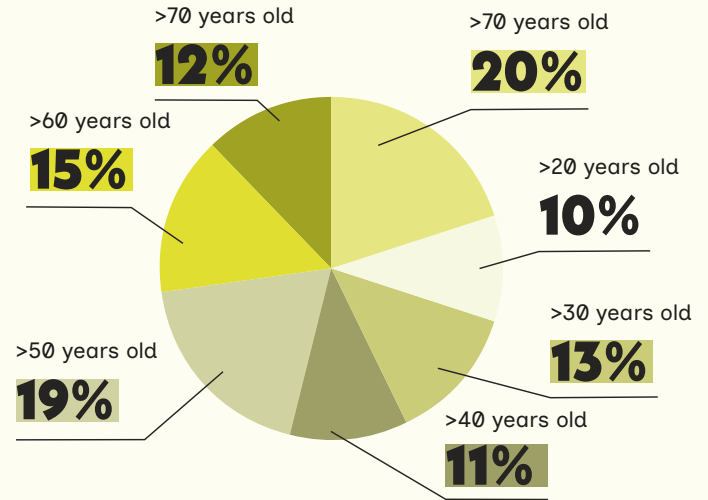
Main support profile discussed in the counseling session | Total: 405



Area of origin of those requesting advice



Age of those requesting counselling



Idem service for professionals

Support-Girona also provides idem support to professionals in the surrounding area. During 2025, 110 consultations were held with social care practitioners, solicitors, residential care settings, health professionals, disability services, and hospital teams, primarily across the Gironès, La Garrotxa, La Selva, and Baix Empordà areas.

The most frequently requested topics were assistance arrangements and the associated processes, with an increase in enquiries about future support planning options and the documentation required to apply for them. A rise in requests relating to interim measures was also noted, accounting for 8% of all consultations.

Future Support Planning Service

At the close of 2025, Support-Girona's Future Support Planning Service has **105 active future support cases**.

During the year, 11 files were closed: 2 due to death, 6 as a result of changes to notarial documents in which the organisation is no longer named, and 3 cases due to the file moving to active status — that is, where Support-Girona is now exercising a support arrangement. In parallel, 10 new future support files were opened during 2025.

The service carries out a six-monthly review of all files. In some cases, at the request of the person, this review takes place annually. Where situations of greater vulnerability are identified, the frequency of review is increased.

The legal instruments associated with cases during 2025 were as follows:

- **52%** included a will with a support delegation clause
- **47%** included a preventive power of attorney
- **12%** included an advance decisions document (ADD)
- **12%** included a self-guardianship document
- **13%** of files designated the organisation as administrator of an estate
- **4%** identified the organisation as a future reference in a notarial assistance arrangement
- **2%** designated the organisation as administrator of a protected asset

Property and assets

In 2025, the Support-Girona Foundation was responsible for the monitoring and management of 873 properties owned by the persons it supports. This ongoing management is intended to ensure properties are properly maintained and their value optimised — whether through letting, sale, or other investment arrangements — always in the direct interest of the person.

As in previous years, the trend towards living in the community was consolidated, whether in their owned property, in rented accommodation or in shared housing. This model is possible due to the comprehensive support the organisation provides across all housing-related matters, from finding and formalising tenancy agreements to paying taxes, arranging utility contracts and insurance, and coordinating repairs, renovations, and adaptations aimed at improving the accessibility, safety, and comfort of the home.

Cost of maintenance and repair

During 2025, a total of €227,136.76 was spent on repairing and maintaining both owned and rented properties, in order to adapt them to the needs of the people living in them or to prepare them for letting, thereby generating a regular income for the benefit of the person supported.

	Cost
Repair and maintenance of owned properties	 €169,057.76
Repair and maintenance of rented properties	 €58,079.00
Total	 €227,136.76

OTHER ACTIVITIES 2025

ERESS Support-Girona

During 2025, the Support-Girona Ethics Reflection Space (ERESS) consolidated its role as an advisory body on ethical dilemmas and the promotion of human rights, both internally and in local, national, and European contexts. Internally, it organised a roundtable on dignified dying (July) and contributed to the Independent Living course (October), delivering training on ethical dilemmas and emotional management.

Externally, it strengthened collaboration with organisations including the Fundació MAP, contributing improvements to protocols and criteria aligned with human rights, and maintained working relationships with the Universitat Pompeu Fabra and

the University of Girona. The organisation also participated in the III International Bioethics Conference and the VII Independent Living Conference in Valladolid, and shared methodologies with various UDAFs.

ERESS launched the Eticalitza't project, a podcast and reflection initiative on ethics, violence, disability, migration, and community living.

Volunteering

In 2025, the organisation continued to drive forward initiatives aimed at creating pathways and synergies to facilitate the recruitment of new volunteers, strengthening its commitment to community engagement and social inclusion, and integrating volunteering more firmly within the organisation.

The collaboration agreement with the Fundació Autoocupació has been renewed, within the framework of the "Singulars" employment inclusion programme aimed at young people under thirty, enabling a practical social volunteering session with around fifteen participants and offering them a first introduction to the organisation's work in the social field.

The organisation also took part in the Girona Voluntària Community Fair (18 October), raising public awareness, celebrating the contribution of volunteers, and promoting local social and community projects, as well as the 2nd Girona Voluntària Gala (28 November), which recognised the work of volunteers and facilitated exchange with other organisations.

In 2025 the organisation had 16 registered volunteers, with nine of them acting as mentors in a short-term project (until May 2026). Four volunteers also formally stepped down due to unavailability.

Volunteers supported group leisure activities organised by the leisure and recreation commission, particularly in high-turnout events such as cultural outings and Christmas activities, and also provided more personalised support through individual accompaniment in community, home, and hospital settings.

The organisation remains committed to strengthening volunteering as a key driver of social transformation, creating spaces for inclusion, learning and personal growth for all those who take part.

LOCAL PARTNERSHIP AND INSTITUTIONAL ENGAGEMENT

In order to carry out its support duties and to provide integrated accompaniment to individuals, Support-Girona's work is based on ongoing collaboration with public and private bodies. This joint working encompasses statutory and specialist social care services, health services, employment support, community development, civic engagement, as well as courts, prosecution services, emergency services, local authorities, and various departments of the Catalan Government. **Support-Girona firmly believes that collaborative working is essential to provide genuine and effective support.**

Support-Girona is an active member of a wide range of organisations and participates in the governance bodies of several others:



An umbrella organisation of support NGOs primarily for persons with psychosocial disabilities who require support mechanisms to exercise their legal capacity.



Associació **Família i Salut Mental** de Girona i Comarques

The Foundation is part of the board of the **Associació Família i Salut Mental de Girona i Comarques**, which supports people with psychosocial disabilities and their families through services such as family support, mutual aid groups, social clubs, and awareness-raising activities.



The Director of Support-Girona sits on the board of trustees of the **Drissa Foundation**, which focuses on employment inclusion and housing for people with psychosocial disabilities. Drissa, alongside Fundació Ramon Noguera and Ecosol (a Càritas Diocesana de Girona social enterprise), leads **Grup Èxit**, a business alliance for creating and maintaining jobs for people from vulnerable groups.



Support-Girona was a founding member of Girona Voluntària, alongside organisations including the Escola d'Educació Especial Palau, Associació Mifas, Associació Multicapacitats, and the foundations Oncolliga, Grup Ramon Noguera, Sant Vicenç de Paül, Sergi, and GEiEG. Support-Girona sits on its board of trustees, with the aim of promoting a more diverse volunteering model, open to new volunteer profiles and a wider range of services.



Institut
d'Assistència
Sanitària

Support-Girona sits on the **care board of the Mental Health and Addictions Network** of the Girona region, managed by the public body Institut d'Assistència Sanitària (IAS). It also participates in the **complex cases commission** of the Gironès mental health centre, alongside representatives from municipal social care services, the Catalan Health Institute (ICS), the Emergency Medical Service (SEM), the Mossos d'Esquadra (Catalan Police), the Victim Support Office, and the Reception and Social Services Centre. The Director of Support-Girona also sits on the Board of Directors of the IAS.



The Director of Support-Girona sits on the **board of Institut Guttman**, a leading centre for neurorehabilitation.



The Director of Support-Girona is a **co-founding trustee and chair of the board of Fundació iSocial**, which drives innovation in social action in Catalonia with the aim of transforming models of care and support.

Support-Girona also participates actively in the advisory and governance bodies of other organisations, including:

- The advisory councils of Residència Robert Pallí and the Centre Ocupacional i Especial de Treball El Puig (COIET) in Banyoles.
- The governing bodies of Fundació VIMAR and the Catalan Association of Care Resources (Associació Catalana de Recursos Assistencials) (ACRA).

The organisation is also a member of:

- The Mental Health Forum of Girona City Council.
- The Technical and Operational Committee of the Girona Health Region for the assessment of cases managed by the Equips Guia — the intensive community support teams for young people and adolescents with complex needs — within the framework of the Catalan Department of Health's Integrated Programme for High-Complexity Mental Health and Addiction Cases (PAICSAMAEC).

Finally, Support-Girona is a member of:

- The Catalan Foundations Coordinator (Coordinadora Catalana de Fundacions).
- The Social Housing Network of the Catalan Government's Housing Agency.

INTERNATIONAL ACTIVITY

International activity forms one of the key strands through which Support-Girona updates, channels, and exchanges knowledge, practice, and advances in the fields of human rights, social policy, and social intervention with institutions around the world, with the aim of improving the implementation of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD).

Organisations with which Support-Girona collaborates



European Association of Service Providers for Persons with Disabilities (EASPD)

European non-governmental, not-for-profit platform bringing together more than 20,000 social and health service providers for people with disabilities, working towards the implementation of the international Convention. Support-Girona sits on the Board of Directors of EASPD and chairs the Policy Impact Member Forum through the Foundations's Director, Josep Maria Solé.



European Community Mental Health Service Providers (EUCOMS)

A European network of community mental health service providers promoting the improvement of mental health systems across Europe through a community-based, citizen-hip-centred, and recovery-oriented approach.



IGN, International Guardianship Network

A non-governmental, non-profit organisation dedicated to providing support and information, building networks among support providers, courts, and public authorities worldwide, and implementing the processes of the CRPD.



Mental Health Europe

A European non-governmental network that champions the human rights of people with psychosocial disabilities, with an extensive track record in producing thematic reports and working with international bodies such as the United Nations, the European Commission, the Council of Europe, and the World Health Organisation. Support-Girona is a member of their Human Rights Committee.



The UDAFs of France (Occitania)

A collaboration focused on legal and social support systems and community-based care for people with disabilities. Since 2012, the organisations have shared practices relating to UNCRPD implementation and supported decision-making.

New projects approved



MyRights - (2024-2-ES01-KA210-ADU-000293347)

Erasmus+ project to increase knowledge and safeguard the rights of people with disabilities. The MyRights project focuses on facilitating the exchange of experiences and perspectives among professionals, people with disabilities, and their families on the themes of Supported Decision-Making, Risk Management, and Safeguarding. During 2025, a focus group was held to inform reports on safeguarding and circles of support, which will be published during 2026.



GreenJobs4all - 2025-1-ES02-KA220-YOU-000353303

The GreenJobs4ALL project aims to promote inclusive employment opportunities for young people with disabilities in the green economy, equipping them with essential skills. The project also promotes social inclusion through a validated training package for youth workers and develops a policy recommendations strategy, advocating for greater accessibility.

During its implementation, innovative, sustainable, and inclusive digital tools will be developed to promote equitable access for all, breaking down barriers and discrimination in the workplace.



FRIDA – Fostering rights and agency with girls and women with disability from culturally minoritised groups

During 2025, the FRIDA project, funded under the Marie Skłodowska-Curie programme, was approved. FRIDA takes an intersectional approach, analysing how discrimination is shaped by the interaction of multiple factors — gender, disability, cultural background, and social circumstances — rather than viewing these in isolation. The FRIDA consortium comprises 15 academic and non-academic organisations from 11 countries across Europe, Latin America, and Africa. This diversity ensures a perspective that is global, plural and genuinely committed to social justice.

A central element of FRIDA is the exchange of professionals between participating organisations. For Support-Girona, the project represents a key opportunity to strengthen both internal and external collaboration through international exchanges promoting the following:

- Sharing best practices in social intervention and inclusion
- The joint production of knowledge with organisations in other countries
- The professional and methodological development of teams
- Incorporating new perspectives on support for women and girls with disabilities

These exchanges help to strengthen interdisciplinary working within Support-Girona and embed a broader, more inclusive perspective across its services.



AURA– Autism–Understanding Real–time Accessibility

AURA is an Erasmus+ project aimed at improving the autonomy and quality of life of autistic people by integrating digital skills and sensory accessibility tools into vocational training.

The project combines technology, inclusion, and education to create more accessible environments and facilitate the full participation of autistic people in public spaces.

Over 24 months, partners from Greece, Spain, Italy, and Belgium will work together to develop an innovative training programme comprising three pathways: training for professionals, training for public authorities, and training for autistic people. These programmes will incorporate content on sensory processing, accessibility, and real-time environmental monitoring.

One of the project's key innovations is the adaptation of the Smart Citizen Kit — an open-source sensor system that collects environmental data such as noise, light, temperature, and air quality. AURA will create an accessible version of this system, alongside an intuitive digital interface for visualising and recording sensory experiences in the first person.

International projects ongoing in 2025



Digit2Me --: 2023-1-ES02-KA220-YOU-000154621

An Erasmus+ project to empower young people at risk of social exclusion through new technologies and digital tools. The project aims to address the social, emotional, and practical needs of young people at risk of exclusion in rural areas, particularly

those with a disability (physical, intellectual, psychosocial, and so on). Through mentoring it seeks to provide a trusted reference figure and role model to guide and motivate them to achieve their goals.



CIMER – Comunitats Inclusives a Muntanya i Entorns Rurals

An Interreg-Poctefa project aimed at promoting high levels of inclusion in mountain and rural areas, so that people with disabilities, care needs, or advanced age who are in a situation of frailty can fully exercise their right to independent living within their community, without being forced to leave their home or place of residence (see further information on page 11).

New proposals submitted

During 2025, Support-Girona's Projects Department significantly stepped up its internationalisation and fundraising activity, submitting new proposals to high-impact European programmes including the Asylum, Migration, and Integration Fund (AMIF) and Horizon Europe.

This effort seeks to diversify funding streams and establish relationships with new European partners across a range of fields, expanding the organisation's international network and strengthening its European profile.

In parallel, this process has generated significant internal learning, building expertise in project writing and strategic capacity for future initiatives.

OUTREACH AND COMMUNICATIONS

One of Support-Girona’s strategic objectives is disseminating its work across the various working areas connected to the implementation of the rights of persons with disabilities. A summary of activity carried out in this context is set out below.



Participation in study groups, working groups, and other bodies



Institutional visits



Attendance and/or participation in professional forums



Training received



Training delivered



Publications

2 January 2025 — Article: “Stratégies d’adaptation des jeunes confrontés à des problèmes de violence: la méthodologie E-YOUTH” Pratiques en Santé Mentale journal. Sergi Martínez.

1 July 2025 — Article: “Towards a person-centred and person-led model of social services” Sobre Ruedas, no. 116. Ernest Burés and Ferran Blanco.

1 August 2025 — Article: “Quality Rights”. Brains (BRA-INS) journal. Josep Maria Solé (with the collaboration of Núria Pi and Ernest Burés).

March 2025 — Article: “El modelo de mentoría Digit2Me [The Digit2Me mentoring model]: Cómo apoyar y acompañar a jóvenes con problemas emocionales y de conducta en entornos rurales [how to support and accompany young people with emotional and behavioural difficulties in rural settings]”. Crimifair Magazine, vol. 15, pp. 10-16. Sergi Martínez Blanco.

June 2025 — Scientific paper: “La Metodologia E-YOUTH [The E-YOUTH Methodology]”. Inclusió.cat. V Conference on Social Action. pp. 12-14. Sergi Martínez Blanco.

June 2025 — Poster: “El projecte Digit2Me: empoderant a col·lectius en situació de vulnerabilitat a través de la mentoria gamificada [The Digit2Me project: empowering vulnerable groups through gamified mentoring]”. Inclusió.cat. V Conference on Social Action. pp. 10. Sergi Martínez Blanco and Ferran Blanco.

2025 — Contribution: “Promising Practices in Supported Decision Making”. European Association of Service Providers for Persons with Disabilities, pp. 9-11. Sergi Martínez Blanco.

2025 — Contribution: “Guidance on mental Health policy and strategic action plans Module 2. Key reform areas, directives, strategies, and actions for mental Health policy and strategic actions plans”. World Health Organisation. Cécile Crozet, Ernest Burés, Carla Fadallah, Ariane Foret, Sergi Martínez, Carmen Valle, Núria Pi, Josep Maria Solé.

Study visits

CRC Lebanon

During 2025, the organisation again welcomed a professional from CRC Lebanon, a social organisation working to support people with disabilities in Lebanon. This visit provided an opportunity to re-establish direct contact and strengthen the institutional relationship between the two organisations.

During the same visit, the organisation also welcomed Dr Saleh Alshurfat, Professor of Education at Al al-Bayt University (Jordan) and Director of the NGO Al Nahda, an organisation of people with disabilities that provides services and advocates for their rights.

As part of the visit, an international working session was held to explore opportunities for collaboration and lay the groundwork for future joint projects. The possibility of a visit by our team to Lebanon was also raised, with a view to understanding the local context of intervention and deepening on-the-ground cooperation.

In parallel, work began on the design of a cooperation project between Lebanon and Girona, submitted to Girona City Council's cooperation grants programme.

During the visit, follow-up sessions were also held with the teams involved to consolidate the work already begun and advance coordination of future activities.

**Total
professionals
hosted**



CAFE&CO (Erasmus+)

In June, Support-Girona welcomed a delegation of fifteen professionals from Association CAFÉ & CO — a French social organisation working in the areas of family support and social inclusion — as part of an Erasmus+ mobility project.

Over four days, participants learnt about the organisation's working methodology, with particular focus on digital practice, and took part in discussion sessions with local organisations including the Drissa Foundation, La Fageda and Fundació Ramon Noguera.

The visit also included dialogue sessions with people supported by the organisation, incorporating diverse perspectives and deepening reflection on person-centred support and social innovation.

UDAF

In September, a group of directors from several member organisations of the French Union Départementale des Associations Familiales (UDAF) visited Support-Girona to learn about the support model developed by the organisation and its practical application.

The visit included a session involving the ERESS team, which provided an applied perspective on ethics and the support model, with deeper exploration of the principles and values that guide professional practice.

Several staff members from the organisation participated in the visit, fostering the exchange of experiences and joint reflection.

2025 Placements

International

Topic	Location	Days	Professionals
EASPD	Turin	4	2
EASPD	Brussels	2	2
Zero Project Conference and Awards	Vienna	4	3
European Roundtable "Key challenges of local social services and innovative strategies"	Siegen	4	1
Global Disability Forum	Berlin	5	2
Innotrip ISocial	Helsinki	5	2
Mental Health Europe Annual General Meeting	Brussels	3	1
Flemish Agency for Persons with Disabilities (VAPH)	Flanders	3	3
Digit2Me Project	Lanciano	4	1
The CIMER Project	Argelès-sur-Mer	3	2
Included	Florence	4	2
United Nations	Geneva	3	3
		44	24

Total working days
87



National

Topic	Location	Days	Professionals
XXII Social Innovation Forum	Madrid	3	3
EASPD	Gandia	5	2
International Conference on Law and Disability	Ciudad Real	4	2
Presentation of the Autopsicuela Project	Oviedo	2	2
Plena Inclusión Conference	Valladolid	2	2
Digital Rights for Older People	Madrid	2	2
Quality Rights Training	Canary Islands	4	1
III Annual Meeting of Legal Support Arrangement Organisations	Sant Sebastià	4	2
		26	16

Total working days
51



Attendance and participation in professional forums and sector events

11 January 2025 — XXI Social Gathering – Chair of Social Responsibility, University of Girona, and Girona Voluntària (Girona) — Chair of Social Responsibility, University of Girona and Girona Voluntària.

20 January 2025 — I Conference on Emotional Wellbeing: “Breaking Taboos” (Girona) — Girona City Council.

5 February 2025 — All by Myself (sessions on 5 and 26 February) (Barcelona) — iSocial and Universitat Politècnica de Catalunya.

6 February 2025 — Conference on Social Rights and the Rehab-Lab.cat Project (Barcelona) — iSocial.

17 February 2025 — Joint Conference for the Right to Independent Living and Community Inclusion (Barcelona) — Espai Unitari pel Dret a una Vida Independent

20 February 2025 — Social Challenges Dinner Discussion with Councillor Sílvia Paneque (Girona) — Chair of Social Responsibility, University of Girona, and Girona Voluntària.

27 February 2025 — III International Bioethics Conference (Vic) — University of Vic and Fundació Víctor Grífols i Lucas.

20 March 2025 — Roundtable: “The Evolution of the Human Rights of People with Disabilities” (Figueres) — Alt Empordà County Council.

21 March 2025 — VIII Social Work Conference (Palafolls) — Corporació de Salut del Maresme i la Selva.

6 May 2025 — I Barcelona Aging and Longevity Lab Forum (Barcelona) — Barcelona Aging and Longevity Lab.

8 May 2025 — XXII Social Innovation Forum (Madrid) — ATAM.

9 May 2025 — Presentation of the Àngelus Popular Legislative Initiative to Parliament (Barcelona) — Àngelus.

14 May 2025 — Health Campus Commitment Event, Girona Health Region (Girona) — Catalan Government.

15 May 2025 — 2nd Women’s Evening (Girona) — Prensa Ibérica

21 May 2025 — International Conference on Law and Disability (Ciudad Real) — Fundación Derecho y Discapacidad, Spanish Committee of Representatives of People with Disabilities and Laborvalía.

24 May 2025 — Girona Voluntària Community Fair (Girona) — Girona Voluntària.

26 May 2025 — Conference on Civic Registration in the Girona Region (Girona) — Catalan Government.

29 May 2025 — 3rd Conference on Mental Health and Intellectual Disability (Girona) — Institut d’Assistència Sanitària, Granés Fundació and Catalan Society of Psychiatry and Mental Health.

10 June 2025 — Conference on the Model of Care for Critical Patients in Catalonia (Girona) — Catalan Government Department of Health.

19 June 2025 — Conference on conscious and active ageing (Girona) — Fundació +Tu.

30 June 2025 — Seminar Series on Ageing (Girona) — University of Girona.

2 July 2025 — Seminar on Coordination in the Care of Older People (Girona) — University of Girona and Unides Grup.

3 July 2025 — V Anniversary of ERESS (Girona) — Support-Girona.

3 July 2025 — Conference: “Weaving Support Across Sectors” (Girona) — University of Girona and Rights and Disability Network.

10 July 2025 — V Conference on Social Action (Vic) — Inclusió.cat

15 July 2025 — Presentation of the Catalan Model for Addressing Elder Abuse (Girona) — Catalan Government.

18 July 2025 — 60th Anniversary of Fundació Ramon Noguera (Girona) — Fundació Ramon Noguera.

23 July 2025 — Session: “Committed to Rights – Evolution” (Girona) — Girona City Council.

19 September 2025 — III Conference on Alzheimer’s Disease (Girona) — Institut d’Assistència Sanitària.

19 September 2025 — Launch of the Independent Living Support Point Service (Girona) — MIFAS, Support-Girona and Girona City Council.

25 September 2025 — Presentation of the Autopsicuela Project (Oviedo) — Asociación Hierbabuena Asturias.

30 September 2025 — Conference on Ethics in Support Practice (Valladolid) — Plena Inclusión Castilla y León.

10 October 2025 — 2nd Night for Mental Health (Girona) — Drissa Foundation.

10 October 2025 — World Mental Health Day Event (Girona) — Institut d’Assistència Sanitària, Drissa Foundation, Support-Girona and Associació Família i Salut Mental de Girona i Comarques.

11 October 2025 — Maria Combalia Awards (Girona) — Associació Família i Salut Mental de Girona i Comarques.

17 October 2025 — 3rd Mental Health Conference (Figueres) — Associació Família i Salut Mental de Girona i Comarques.

18 October 2025 — Girona Voluntària Community Fair (Girona) — Federació Girona Voluntària.

22 October 2025 — Barcelona Artificial Intelligence Conference (Barcelona) — Eurecat and Centre for Data and Artificial Intelligence Innovation.

23 October 2025 — Meeting of Foundations in the Girona Region — Catalan Foundations Coordinator.

30 October 2025 — Conference: “The Right to Die with Dignity: Perspectives and Experiences” (Girona) — Support-Girona.

13 November 2025 — 40th Anniversary of Fundació +Tu (Barcelona) — Fundació +Tu.

28 November 2025 — Girona Voluntària Gala (Girona) — Federació Girona Voluntària.

4 December 2025 — Conference on Public Policy on Equal Treatment and Non-Discrimination (Girona) — Glòria Compte Research Institute and Support-Girona.

9 December 2025 — Girona Caring City Focus Group (Girona) — Glòria Compte Research Institute and Support-Girona.

10 December 2025 — Conference on rights-based mental health (Barcelona) — Catalan Government’s Mental Health and Addictions Strategic Plan.

12 December 2025 — Catalunya 2030 Alliance Plenary (Barcelona) — Aliança Catalunya 2030.

Training delivered

- 17 Jan — Community Support in Mental Health (Manresa) — University of Manresa.
- 23 Jan — Projects conference: E-YOUTH, psychosocial intervention, international research & employment guidance (online) — CriminologyFair Association.
- 8 Apr — Rights, Autonomy and Independent Living: the Role of the Personal Assistant (Lleida) — Allem.
- 14 Apr — Induction training for new staff — Support-Girona.
- 8 May — QualityRights, Module 2 (Barcelona) — Obertament.
- 21 May — +Tu training (Barcelona) — iSocial.
- 22 May — acidH training (Girona) — Support-Girona.
- 6 Oct — Independent Living (Girona; sessions 6, 7, 14 & 15 Oct) — Internal training for life coordinators, Support-Girona.
- 6 Oct — E-YOUTH (Girona; sessions 6 & 13 Oct, in person) — Drissa Foundation.
- 13 Oct — MyRights Project (online) — Associació Criminology Fair.
- 14 Oct — QualityRights (Hospital Doctor Negrín, Canary Islands; sessions 13–16 Oct) — Support-Girona.
- 16 Oct — E-YOUTH (Selva Marítima teams) — Institut d'Assistència Sanitària.
- 21 Oct — E-YOUTH (Girona) — Drissa Foundation.
- 22 Oct — Disability & Dependency Services and Resources (Lleida) — Salut Mental Catalunya Terres de Lleida.
- 3 Nov — QualityRights, Module 2 (in person) — Obertament.

Training received

- 3 April 2025 — Legal Channel: “What foundations need to know about anti-money laundering” (online) — Catalan Foundations Coordinator.
- 25 April 2025 — “Improving your foundation’s governance: board self-assessment” (Barcelona) — Catalan Foundations Coordinator.
- 5 May 2025 — Induction session (Girona) — Support-Girona.
- 12 May 2025 — Induction sessions (12 and 13 May) (Girona) — Support-Girona.
- 19 May 2025 — EDI working session with Joan Subirats (Girona) — Support-Girona.
- 27 May 2025 — Stress management skills development (sessions on 6, 7, 14, 15, 20, 21, 27 and 28 May) (Girona) — Support-Girona.
- 12 June 2025 — ChatGPT training (sessions on 16 and 27 June) (Girona) — Support-Girona.
- 13 June 2025 — Reputation management in the age of artificial intelligence (sessions on 13, 17 and 20 June) (online) — Col·legi de Periodistes de Catalunya (Catalan Journalists’ Association).
- 21 July 2025 — “Learning to plan events professionally” (21 July to 4 August) (online) — Col·legi de Periodistes de Catalunya (Catalan Journalists’ Association).
- 4 August 2025 — “How to improve press releases and gain media coverage” (4 to 29 August) (online) — Col·legi de Periodistes de Catalunya (Catalan Journalists’ Association).
- 2 September 2025 — Tools for trainers (sessions on 2, 3 and 10 September) (online) — Support-Girona.
- 15 September 2025 — NLP and influence strategies (sessions from 15 to 30 September and 1 October) (in person) — Support-Girona.
- 10 October 2025 — 1st Girona Voluntària Training Session (Girona) — Girona Voluntària.

20 October 2025 — Specialist course in immigration law (20 October 2025 to 30 January 2026) (in person) — Consell de l'Advocacia Catalana (Bar Association of Catalonia).

Participation in study groups

Governance and decision-making bodies

- Board Meeting — European Association of Service Providers for Persons with Disabilities (EASPD)
- General Assembly - EASPD
- Annual General Meeting — Associació Família i Salut Mental de Girona i Comarques
- Board of Directors — Institut d'Assistència Sanitària (IAS)
- Care Board — IAS
- Board of Trustees — Institut Guttmann
- Executive Committee — iSocial
- Board of Trustees — Girona Voluntària

Networks and coordination forums

- EURECO Network (research in the field of disability) Participatory sessions “Committed to Rights”
- Girona Inclusive Community Plenary and Independent Living in the Community
- Culture, Sport and Leisure strand — Girona Inclusive Community
- Steering group for the shared agenda on community mental health

Study, working, and expert groups

- United Forum for the Right to Independent Living
- Expert Committee for Social Transformation and Innovation (CETIS) — Catalan Government
- Political Impact Working Group — EASPD
- Independent Living Leadership Group (IL MF) — EASPD
- Policy Impact Working Group — EASPD
- Brand Refresh Working Group — EASPD
- Independent Living Member Forum (IL Member Forum) — EASPD

Additional communication metrics

Support-Girona continues to promote its work through its own communication channels, social media, and its annual external relations programme, aimed at both the people it serves and the wider media.

The organisation ended the year with a total of 90 media appearances, including 73% in the written press, whilst the remaining mentions were split between radio broadcasts (7.2%), television appearances (8.1%), and other websites (11.7%). The majority of these appearances relate to the organisation's day-to-day activity, its innovative practices, and its participation in international projects. The remaining 13% reflect its role as an expert voice and leading organisation in the field of supported decision-making and the implementation of the UN Convention on the Rights of Persons with Disabilities (UNCRPD).

Website
supportgirona.org



20,486
Users

58,560
Pages visited

153,979
Number of interactions

Quality Rights Platform

1,761
Users
9,146
Visits

Activity on X
@supportgirona



233
Posts

44,777
Impressions

1,941
Followers

Activity on LinkedIn



1,084
Interactions

31,201
Impressions

600
Followers

YouTube
youtube.com/@supportgirona



5
New videos

1,496
Views



C. Pierre Vilar, 5 Baixos

17002 Girona

Tel. + 34 972 249 110

Opening Hours:

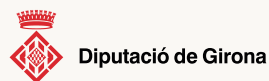
Monday to Thursday, 8.00am to 6.00pm.

Friday, 8.00am to 3.00pm

girona@supportgirona.cat

www.supportgirona.cat

[@supportgirona](https://www.instagram.com/supportgirona)



SOCIAL INCLUSION

AND SUPPORTED

DECISION-

MAKING

Support-Girona
Donations

**Bizum: [number]
02782**

*Thank you for
your support!*

